

# **The Impossible Occurs: Congestive Heart Failure Patient Has Dramatic Improvement in Her Symptoms, in One Visit, With P.N.T. Rim Fire and Diaphragm Reflexes!**



“I saw a woman in her eighties, diagnosed with heart failure. She had just been hospitalized due to severe breathlessness and palpitations. I applied the P.N.T. Rimfire and Flow Techniques, and the Diaphragm Reset. I also did the Brain Reflexes.

“The next visit her breathing was clear, and she had no palpitations. The symptoms of her heart failure (breathlessness and palpitations) are dramatically better after treatment. (I’ve seen 6-8 other patients whose palpitations (dysrhythmias) have significantly improved, as well.)” **Mark Sinclair, D.C.**  
**Auckland, New Zealand.**

(Of course, these dramatic results may not occur in many other patients, and may not be lasting. Congestive heart failure is irreversible. The patients’ symptoms and her comfort level have improved, but probably not the underlying pathology. Any needed medical care needs to continue. The Rim Fire and other treatments, are gentle, non-invasive adjunctive care, after all other medical care has been given. No patient should stop any other medical or pharmaceutical treatment. Repeat treatments may be necessary to maintain improvement. But holy cow! It’s a true miracle, to be able to help a patient feel so much better!)

## **This Doctor Had Such Severe, Crippling Stomach Pain, He Almost Had to Quit Practice- It’s GONE With the Rim Fire Techniques!**



“I was having severe burning pain in my stomach. It felt like burning hot razor blades. This had been going on for 4 months and was progressively getting worse. The pain would almost double me over. It made it extremely difficult to function.

“It was difficult to eat, and as a result I lost 10 pounds. I was convinced that if it continued, I might not be able to work. Blood work and H pylori were within normal range. I was scheduled for an endoscopy but I had to wait two months for it.

“After the very first Rim Fire treatment I was very much better, and I felt euphoria from the treatment. I had a significant rush of endorphins. I was 80% or more relieved. After 4 treatments I had NO stomach pain, and no difficulty eating. I had 2 more treatments to make sure the problem wouldn’t come back. This was 2 months ago; I’ve had no problem since. I can eat whatever I want, including hot Mexican food.

"In my practice, I saw a patient with terrible hip pain. He could barely walk. I did the Magic Hip Point technique, and he was fine. I saw another patient who came in with a hot sciatica- I did the Magic Hip Point technique, and he walked out without pain." **Terry Williams, D.C.**  
**Brighton, CO.**

## **Severe Pelvic Pain, Squeaky Knee Replacement, GONE with Simple Orthopedic Rim Fire and Tendon Springing Techniques!**



“I’ve been using the Rim Fire and Tendon Springiness techniques constantly for 2 weeks since the seminar, and have been getting consistent results. I saw an elderly lady who had a knee replacement about 4 months ago. Just before the class she mentioned that her knee was ‘squeaking’. It literally sounded like the prosthesis needed to be oiled. I told her to check with the orthopaedic surgeon who performed the surgery.

“She came in last week and said that the replacement was fine. I used mainly the Tendon Springing procedures, and addressed all the muscles crossing the knee joint. I the told her to see how it does over the next days.

“Just as I was about to go in with my next patient she comes ‘running’ back into the office calling my name....the squeak was gone. I guess we can add oiling prostheses to our list of accomplishments.

“The 2<sup>nd</sup> case involves a young female (mid 20’s) with ongoing severe pelvic pain for the last few months. I had previously tried a couple of different procedures (non PNT) with no success. She had also tried acupuncture, massage, Reiki and a few other things, all to no avail. She came in last week and I examined her for abdominal areas of tenderness. I cleared a ton of those; her whole abdominal area was extremely tender, as well as her diaphragm, both front and back. I used the Rim Fire, added in some FLOW techniques, and finished with Visceral Reset, just like you taught us. She came back in

today and guess what, the pain was completely gone! This stuff is **awesome.**"  
**Rob Rudy, D.C. Quebec, Canada.**



"I've seen 3 patients with chronic obstructive pulmonary disease (C.O.P.D.) significantly improve with P.N.T. techniques." **Dr Gaston Cornu-Labat, M.D. and surgeon, Seattle, WA. author of the book "Pain Neutralization Technique: An Unprecedented Revolution in Pain Management."**

**Diaphragm and Visceral Reset Produce Profound, Immediate Improvement in Breathing, AND A Huge Endorphin Rush!  
With ONLY Light Pressure! On the Spot!**



"I've had chronic respiratory difficulty stemming from chest reconstruction surgery when I was 13 years old, after a severe injury. At the October 2016 class Dr Kaufman treated me with the new Diaphragm Flow Technique. Not only did I breathe better than ever before, I had the strongest endorphin rush of my life. The feeling was pure euphoria." **Reuben Michael, D.C. Vancouver, Washington. (Near Portland)**

**Dramatic, on the Spot Improvement in Lymph System With Lymph Pooling Technique Is Long Lasting: Results are Stable, One Month After Treatment !**



"I had 5+ large, left axillary lymph nodes. Since 2002, I've had 5+ large left axillary region lymph nodes which cause pain and discomfort with upper body and or movement. The lymph nodes were also tender upon palpation.

"Dr. Kaufman treated me with the Lymphatic Pooling technique over the area, also with the Rimfire Technique on the ipsilateral

SCM.

**"One month later: Now I have no pain in the axilla with movement, and pain on palpation is 75% improved. Three of the lymph nodes are significantly smaller, almost 100% gone!" Darci Mull, D.C. Naples, FL.**  
(There is no guarantee that other patients will have the same results)

## **“Lymphedema Reduced by 2/3 ON THE SPOT with Lymphatic Pooling!”**



“I have a patient who had a lumpectomy surgery from breast cancer months ago. Her lower arm was very swollen. She had lymphedema, pain in the axilla, and a lot of swelling. Lymphatic pooling eased it immediately. The swelling went down an enormous amount. The swelling was 1/3 of what it was. I saw another patient who had just had a hip replacement. He was having difficulty walking. After the Lymphatic Pooling and Rim Fire Techniques, he remarked that he could walk a lot better.” **Mark Sinclair, D.C. Auckland, NZ**



**We now have reports of several doctors using our P.N.T. Sleep Apnea protocols on the diaphragm, TMJ, and sinuses, and eliminating sleep apnea!** Dr Roland Fuschelberger, M.D. who regularly comes from Austria to attend our live classes, reported on 3 cases of sleep apnea that disappeared after using our Sleep Apnea Brain Reflex Protocol!

## **Severe Urinary Tract Impairment and Pudendal Neuralgia Vastly Improved with the Iliolumbar Ligament Orthopedic Technique!**



“3 months ago, I woke up one morning and I couldn't urinate. It just didn't work. I went to the emergency room. They thought it was a UTI. I took three rounds of antibiotics, and it didn't help.

“I have pain on the whole floor of the pelvis between the ischial tuberosities, urgency, pain on urination, and urinary frequency. The only thing that seemed to help was Advil. Coffee seems to make it worse. It's basically pudendal neuralgia from sitting too much. I get a lot of pain and burning, and a lot of difficulty from sitting.

“Dr Kaufman did the Iliolumbar Ligament Orthopedic Technique on me. **Within 20 minutes I felt the pain relax and a vast improvement in urinary flow and reduced discomfort.** The tenderness around the pubic area disappeared immediately. The next day I have a 70% reduction in symptoms.” **Steven Machado, D.C. Los Angeles, California**

## **“Lymph Pooling Technique Relieves 47 Years of Bilateral Elbow Pain in Minutes!”**

Note: Elbow Pain makes it very difficult to practice when you're a chiropractor.



“I blew out my elbows trying to beat my friends in a rock throwing contest back in the Summer of 69. I could no longer throw a baseball from one base to another. I was diagnosed with epicondylitis. I only had pain on fairly deep palpation or whenever I would throw a ball. I had 47 years of this. Dr. Kaufman found my tricep tendon to be the culprit, and in less than a few minutes of the right treatment, I can no longer find any pain even with the deepest pressure! This is absolutely amazing exclamation point exclamation point!” **Scott Sessions, D.C. Jackson Hole, Wyoming.**

## **5 Years of Hip Pain GONE with Lymphatic Pooling!**



“I’ve studied Kaufman's DVDs for over a decade. I've had chronic hip pain for 5 years. At the live Denver class, he worked on my hip pain for about two minutes with the Lymphatic Pooling technique. All other forms of bodywork have not helped, nor has exercise and stretching. The treatment knocked out the pain completely-there is now zero pain.” **Rudy Hunter, LMT Woodstock, New York.**

## **Veterinarian Finds P.N.T. Tendon Springing and Rim Fire Techniques to Be a Breakthrough for Dogs with Orthopedic Problems!**



"Tendon Springing and the Rimfire Techniques are a breakthrough. In the few weeks after the seminar, I've now helped 4 dogs avoid orthopedic surgery. They all got up and started running around after treatment, and did not require surgery.

"I saw a dog with degenerative myelopathy. This is similar to A.L.S. in a human, a demyelinating disease. He had to drag his backend. After treatment he could walk normally again. He was a 105 lb lab with no use of his back legs. This is a very old dog, so the effects of the treatment in his case are temporary and only last for 3 days at a time.

"I saw a Corgi in severe pain. He was dragging his backend. His patellar reflex was absent. Now he's running around normally again. He was in so much pain you could barely touch him. It's now 10 days later and he's running around again.

"The dogs get so relaxed from the Flow Technique, they drop their heads on my shoulder. One of my patients has used the Trigeminal Technique on her very skittish horse. It relaxes him straight away.

"I used the Lymphatic Pooling on my dog. He couldn't use his right hind leg. Now he's running around again normally." **Jim Watson, DVM, Denver, CO.**

## **Tendon Surgery Avoided with the Joint Rejuvenation Protocol; Clicking Jaw Relieved, Peripheral Vision Dramatically Better with Scalene Treatment!**



"I had a man whose tendon was pulled off the bone in his shoulder. He had NO abduction, and very limited shoulder movement. He was in a lot of pain. His doctors wanted to schedule him for surgery ASAP. After a few treatments which included the Joint Rejuvenation Protocol/ tendon springiness, he regained FULL range of motion, with no pain. And it lasted. I saw another patient with a post surgical repair of a fracture- she got pain relief with the tendon springiness technique.

"I had a patient with long term dorsal pain who got immediate relief using the Joint Rejuvenation Protocol/ Tendon Springiness on the quadratus muscles. (This is a very common finding) She also had a long term clicking TMJ, which was relieved using the Brain Reflexes on the scalene muscles".

"I had a patient with constant low level ovarian/uterine/ abdominal pain- the tendon springiness immediately eliminated the pain. The patient remarked it was so much better! This patient also had limited peripheral vision for years from glaucoma secondary to a thyroid condition- she regained greatly improved peripheral vision after treatment on her scalenes.

"I've noticed that treating the scalenes may help improve breathing. Treating the oblique muscles with the tendon springiness/Joint Rejuvenation Protocols may help for abdominal and diaphragmatic problems.

"I had a patient in his 80s with a partial tear of rotator cuff; he only had 30 degrees of abduction, he couldn't raise his arm. He got FULL range of motion

back, with P.N.T. Joint Repositioning.

“I just saw a patient with severe abdominal pain from a gall bladder attack (cholecystitis). Doing the abdominal tendon springiness technique, she got complete relief for 24 hours, (until she could get to the hospital).” **Mark Sinclair, D.C. Auckland, New Zealand**

## **Dentist Gets Relief From Thumb and Hand Numbness of 20 Years, at Lightning Speed, With New Rim Fire Techniques!**



“I’m a dentist practicing in Vancouver for the past 20 years. I’ve gradually developed bilateral numbness radiating from my forearms to my thumbs. During the workshop, a doctor applied the Rim Fire and Tendon Springing techniques taught in class. The treatment took 5 - 7 minutes on my left suprascapular area, arm, neck and spine.

“The numbness of my thumbs subsided, and circulation resumed. My left arm feels light and normal again. The techniques were amazingly light and noninvasive, and lightning speed.” **Isabella Wang, D.D.S. Vancouver British Columbia.**



“I had pain in my thumb for months. I did the Tendon Springing Self Treatment...and now the pain in my thumb is gone.” **Adrian Jasperse, D.C. The Netherlands.**

## **Doctor with Ankylosing Spondylitis- Cervical Range of Motion Greatly Improved and Back Pain Gone!**

Ankylosing spondylitis is a form of inflammatory arthritis, primarily of the spine and hips. It often causes pain and marked loss of motion. Typically cervical and head rotation becomes extremely limited and stiff, and there’s usually no way to restore full range of motion.

However, the P.N.T. Joint Remodeling/Rejuvenation and Cervical Protocols can do just that. This doctor’s cervical range of motion improved 50% WITH ONE TREATMENT AT THE LIVE CLASS! Note: you may not have patients with

ankylosing spondylitis, but you probably have many patients with other forms of arthritis and limited neck and joint movement. These procedures change lives!



“I've had lower back pain for 7 months. I have ankylosing spondylosis. I've been taking Advil to control it. My back pain is gone this morning after treatment yesterday. I have no pain now. My cervical ROM which has been getting progressively worse has improved 50% after one treatment. I'm pretty impressed. After being in practice 37 years, I feel I could practice another 30 years doing this work. I'm not semi retired anymore.” **Charles Ferrante, D.C. North Bergen, N.J.**

## **Lymphedema (After Cancer Surgery) Disappears On The Spot with P.N.T. Brain Reflexes!**

Lymphedema is the swelling of a limb after cancer treatment. It's often accompanied by pain, limited movement, and frequent infections. It's caused by damage or removal of lymph nodes. The Mayo Clinic tells us that there is no cure. I have seen several patients have it disappear over the years. At the June class, my good friend Dr. Jasperse reports on a patient with lymphedema, and sciatica, that disappeared in minutes!

Most of us don't see many patients with lymphedema, but we all see many patients with various symptoms due to insufficient lymphatic flow. We see many patients with other forms of inflammation, joint and muscle swelling.

MANY doctors have reported on dramatic, rapid improvement in lymph flow and swelling related problems with Brain Technique Reflex treatment.



“I saw a patient with 1/3 of their colon removed after surgery for colon cancer. She had sciatic pain after chemo and radiation. It was resistant to nerve blocks in the hospital and medication. She was in pain all the time. She had it for 7 months. She had sciatic pain on the right and a severely swollen left calf on the left from lymphedema, following the surgery.

“I did the Parasympathetic Brain Reflexes on the psoas and the scalene muscles-within a few minutes of Brain Reflex treatment the lymphedema was almost gone. The calf softened and was almost back to normal. By the afternoon the sciatic pain was almost gone. The calf was normal. After another

couple of treatments she was symptom-free. The lymphedema and sciatica was gone and stayed gone. She went on 100 km road trip. She started working again in her garden. Before I learned these techniques, I would never of been able to help patients like this." **Adrian Jasperse, D.C. The Netherlands.**

### **Ascended Testicle Drops Down After Brain Reflex Treatment! Hip Pain for 2 Years Prevented Running; 90% Gone After 1 Treatment!**



"I've been a chiropractor for 16 years. I developed groin pain and testicular pain almost 2 years ago. Due to the problem, one of my testicles contracted and ascended. I had to quit running distance because of pain and stopped running short distance because I didn't want to limp the next day. Chiropractic, exercise, massage helped me but not enough to totally remove the pain or return me to running.

"After my first treatment (at the June class) the hip pain was 80-90 % better instantly! The testicular pain was worse two hours later, but I checked it and the undescended testicle had dropped! I have no pain the next day. I know this is the beginning of my recovery, I look forward to sending Dr. Kaufman a picture of me once I get back and finish my next marathon or 10K considering I haven't run even that long in nearly two years. Grateful you have changed my life and I will take this new knowledge and go make some life changes for others."

**Robert Linton, D.C. Mount Sterling, Kentucky**

### **Patient In Hospital Has Blood Oxygen Saturation Jump from 90% to 97% On the Spot with P.N.T. Techniques**

Blood oxygen saturation is a measure of how much oxygen is in the blood. Normal pulse oxymeter readings are 96% to 100%. Several months ago Dr Machado sent me the following report:



"When my dad was in the CCU (critical care unit) I showed his cardiologist how I could increase my dad's O2 saturation with the Brain Reflex Protocol (while he was on BIPAP and O2 @ 5 liters).

**"His oxygen saturation went from a consistent 90% to 97% and stayed there. I wish that I could have recorded the look on the cardiologist's face."** **Steve Machado, D.C. Los Angeles, CA.**

Several doctors over the years have reported significant, immediate jumps in O2 saturation with the various PNT techniques, including Brain Reflexes and Sclerotome Techniques.

## **“Out of This world crazy! Pain from Metastatic Cancer- Gone.”**



“This class has been on my bucket list for 9 years. I’ve had breast cancer that had metastasized to the lungs and bones, and calcifications in my hips. It was painful sometimes just to take a step, a stabbing pain. I’ve had pain in my right lower abdomen especially iliacus and psoas, lower rectus abdominis and attachments of quadriceps for over seven years. In literally 6 seconds the pain disappeared after applying the Manual Spinal Nerve Block Techniques. The next day, I am 100% better! Truly amazing. I’ve had body work, acupuncture and chiropractic before, and this is just out of this world crazy.”  
**Vondette Brinson, LMT Orlando, FL**



“I am a 62 year old neuromuscular therapist and reflexologist. I became an LMT in 2005 and almost immediately began experiencing peripheral neuropathy down my right arm into my right hand. I frequently wake up with a “dead” right hand.  
“I received PNT from Dr. Kaufman at my first seminar. He identified the issue as due to the scalene muscles. He was able to relieve my symptoms after a few minutes.” **Robin R. Hart, L.M.T. Albuquerque, NM**



“I have had TMJ for years. I had ground my bottom teeth down to the nerve. I wore a brace to open my joint back up for 4 months before getting root canals and crowns on all of my teeth. My jaw clicks most of the time. After treatment at the class, my muscle is still tight but **the clicking has stopped!!!**” **Dawn Heck, LMT Clarksburg, WV**

## **Sleep Apnea in 3 Patients- Gone!**



Dr Roland Fuschelberger, M.D. who regularly comes from Austria to attend our live classes, reported on 3 cases of sleep apnea that disappeared after using our Sleep Apnea Brain Reflex Protocol!



"I have sleep apnea and snore. It wakes me 6 times a night. It's a big problem because I have tenacious insomnia from a R brain injury which I sustained 34 years ago. I'm an acupuncturist and have tried needling myself which helps but takes multiple treatments fairly regularly. Dr. Kaufman treated my scalenes and psoas muscles, as well as my diaphragm. According to my sleep partner I did not snore last night!" **Cindy Mikelson, L.Ac, Santa Ynez, Ca.**

## **How Long Does It Last? 50 Year Hip Pain And Restricted Movement- Gone for Good- 1 Year after Treatment at The P.N.T. Brain Reflex Class!**



Jewell Ricks, LMT, from Houston, Texas, was treated at the June class a year ago for hip and leg pain and restricted motion that she'd had after breaking her hip **50 years ago!** It's **STILL** gone a year later! She showed us on camera how she can now still cross her leg, which she hadn't been able to do for 50 years.

## **Pain for 50 Years From A Keloid Scar- Gone!**



"I had lost my capacity to sit in meditation and cross my legs, due to hip pain. The Joint Rejuvenation Protocol at the live class fixed that in 2 seconds.

"I also have a keloid scar for 50 years. The pain in my post surgical, abdominal keloid scar of 50 years is completely gone after Brain Technique Reflex treatment at the class. I pushed and shoved and there's nothing there whatsoever the next day. It's even flatter, it's gone! An eight-year-old boy was carried into see me-he could not stand up, he had a severely pulled hamstring, and he was terrified. In five minutes of doing the Brain Reflexes, he was 100% fine and he ran off.

"I had left deltoid pain and loss of range of motion – I was not able to bring my left arm back for the posterior yoga prayer position. I've had this for many months. After Dr. Kaufman did the tendon repositioning techniques on my shoulder, in a few moments I was able to bring my arm all the way to back with no pain, which had been ongoing for many months. I'm profoundly grateful for regaining freedom of movement." **Chris Griscom, L.Ac., Galisteo, New Mexico**

## Hip Pain from Labral Tear Dramatically Improved with Brain Technique Reflexes™!



“My client's gait was quite bent over in flexion. It was painful to observe. She has bilateral labrum tears from years as a hurdler. She's now a law student, sitting for hours, is having difficulty finding a surgeon, and can't even have surgery until next May!!! I did some of the Brain Reflexes for her hip pain.

“She felt relief almost on the spot!!! When she came out of the room, she was standing completely erect, just shaking her head in complete disbelief!!!! Wow, that was amazing to see!!! She was so appreciative, I was happy to have helped her!!!”

“I saw her again 2 weeks later, and WOW! When I greeted her in the lobby, she got up from the chair with ease, was so happy to see me, and she looked like a completely different person!

“She was walking erect and comfortably, with a relaxed body. When we got into the therapy room, she shared that everyone she knows has asked what she did because her **gait has completely changed. She's still so blown away that after only one treatment with PNT and Brain Reflexes 2 weeks ago, she could still feel so good.**

“She said it's been the best 2 weeks in her life in a very long time! She reported her pain has been greatly diminished. She called it “manageable”, and she has finally had some relief from chronic constipation. (The doctors still want her to have a colonoscopy, because they feel she has some sort of blockage.)

“She sent in a friend of hers for treatment. I treated her upper traps and cervical spine pain, and she was blown away as well!!!! She actually reported to me how Dahlia has been walking “normally” and seems so much happier lately, (since getting relief from her labral tear/hip pain.” **Linda Jo Wallace, L.M.T., BCTMB, NCBTMB Scottsdale, AZ**

## The Amnesia Technique- Eliminate Painful Memories: It's As If They Never Happened!

The patient doesn't even need to tell you what's bothering them-there's no talk about it. It can be any type of trauma, fear, loss, heartache, grief, sadness, etc.



“We just got home and I wanted to share that not once did I even think about the thing that has been on my mind for the past four years every 5-20 minutes. (Sometimes I would even dream about it.) Actually, twice I brought it up to say "I haven't even thought about that thing. It is truly amazing!!!”

“I used the Trigeminal Nerve Brain Technique Reflex on two people today both of whom said " I forgot what I was even supposed to be thinking about" (i.e. their emotional trauma). I'm totally confident it won't be back either!” **Connie Danner, N.D. Amarillo, Texas.**

### **60 Year Old Emotional Trauma Relieved with P.N.T. Brain Reflexes!**



“Today Stephen treated me with the Emotional Brain Reflexes™, for an issue I've had for over 60 years. He did this right before lunch. Over lunch, I started feeling much better and as I mentioned to my son, I had an urge to whistle and sing. Walking back to the seminar, I realized that my breathing was much easier and the pain over my heart area and tightness in my left arm had diminished to a degree that I hardly notice it. Great!!

“3 years ago I was having severe cramping in my arms whenever I'd work for 10 minutes; I was going to have to give up practice. I was looking at retiring from being a chiropractor. Dr. Kaufman treated me one time at a seminar, and I haven't had any problems since. This is my 5th P.N.T. seminar, I fly here from the Netherlands.” **Adrian Jasperse, D.C. Netherlands.**

### **Crippled Dog Regains 100% Leg Function in Minutes With Simple New Brain Reflex™ Treatment! Woof! That's Amazing!**

**The following case report is astonishing** for several reasons. It demonstrates **instant physiological changes** that we normally think are impossible, as a result of a very simple manual reflex technique. A dog's very weak leg (with complete loss of proprioception) regained 100% functioning, in minutes.

I was taught in school, and over 35 years of clinical practice, that the nervous system is not capable of this sort of improvement. Especially with such a simple intervention designed to improve brain functioning.

And it happened in minutes, on a dog, so there was no placebo effect. This is SO exciting! If similar results can be obtained in humans and dogs, the future of health care would be changed!



“After watching the **Brain Technique Reflexes Vol. 2 and Vol. 3**, I saw a 2 year old dachshund with a **complete lack of proprioception in his left hind leg**.

“He was wobbly going upstairs, and not putting weight on the leg. He was very weak in the hind leg. His head was bobbing. He’d been like this for 2 weeks. I suspect the symptoms are secondary to a brain tumor or an insulinoma (tumor in the pancreas.)

“I treated him briefly using the C2/ Trigeminal and the Inferior Mesenteric Ganglion/Adrenal Brain Reflexes (from Brain Reflexes Vol. 2 and 3). Immediately he started weight bearing again. It’s now 48 hours later. **The dog’s leg is now fine. The leg is 100%. The owner is astounded.**”  
**James Watson, D.V.M. Denver, CO.**



(The picture you see here is not the actual dog, these are stunt dachshunds.)

Unfortunately this dog did have a brain tumor and needed to be euthanized. I've included this case report because even in the presence of a fatal disease the dog got a dramatic improvement in severe neurological dysfunction.

I’m not a vet. I don’t treat or diagnose animals. The application of the Brain Technique Reflexes in this case was done by a very skilled, very experienced veterinarian. We don’t know whether other cases might respond, or whether humans might show a similar response. This may be a one time result, or other patients may also respond, to varying extents.

Nevertheless, the fact that this result took place at all indicates an extremely significant effect is possible. It needs to be studied, noted, and applied as widely as possible. I’m not at all suggesting that you treat animals if you’re not a vet. This report indicates that similar effects may at least be possible in humans. The treatment is certainly completely non invasive and incapable of any harm.

## **Foot Surgery Avoided with the P.N.T. Brain Technique Reflexes! Austrian Medical Doctor Confirms POWERFUL, Almost Drug- like Parasympathetic Tidal Wave Effect from the P.N.T. Endorphin Protocols!**



"I started to treat patients immediately on Monday after the seminar. I have a busy private practice for internal and integrative medicine. I don't have much time for extra treatments. I did PNT on about 2-3 patients every day, mostly for spinal problems, shoulder pain, or abdominal pain like IBS. I am a bloody beginner with the techniques but they really work, even with the "basic techniques.

"The new Brain Techniques are really worth getting. Great new stuff. I always start with Brain Techniques, and sometimes add local techniques. **Nearly every patient reports a feeling of well being and deep relaxation with the Brain Technique Reflexes. With some (the effect is so strong,) they feel like they're under drugs...**

"I saw a 72 year old man with plantar fasciitis for 8 months. He had every treatment including injection and radiation. Nothing helped. I saw him 5 times and mostly did the new Brain Technique Reflexes. He got better from appointment to appointment. Now after 2 months he is 90 % pain free.

"I had a patient with pain at the bottom of her toes for 6 months. The orthopedic surgeon told her one toe is too long and it had to be operated. I did two Brain Technique Reflex treatments in one week, and all the pain was gone. She doesn't need the surgery.

"A middle age man come for an ultasound of the heart. He couldn't move his shoulder higher than 60°. Within 5 mins, he was able to move the shoulder up to 180°, after PNT- it was a miracle for him. When I called him a few days later it lasted.

"My hair stylist had acute lumbar pain. He came in bent over with severe pain. He went out smiling after 10 min, without pain. I will get a free haircut next time.

"A women had pain in her left lower belly after a diverticulitis attack 2 months ago. I treated with Brain Technique Reflex and Manual Spinal Nerve Blocks, and the pain was gone in 3 minutes." **Roland Fuschelberger, M.D. Tyrol, Austria**

## High Blood Pressure Drops 30 Points After Treatment at June Pain Elimination Seminar!



"After being treated with the Hypertension Protocol at the class, on Monday my blood pressure was 30 points lower systolic, than my recent average. On Tuesday it was still 15 points lower than average, thank you!

### **Pain From Hand Fracture Gone in Seconds, With the Bone-Brain Reflex™!**

"Yesterday a patient came in who had fractured her third metacarpal in a fall off a skateboard. She had just had the cast removed. The fracture was very painful. She couldn't make a fist; she had limited motion and it was painful to try. I did the Bone Brain Reflex™ for about 20-30 seconds.

"After that there was no pain on palpation of the fracture site, and trying to make a fist was significantly less painful. I think she said that's amazing at least 5-6 x. I told her I was amazed too because I had just learned that 2 days ago!" **Kerry Randa, D.C. Loveland, CO.**

## Hypertension, Metabolic Syndrome, Post Herpetic Neuralgia Applications



Longtime PNT doctor Murali Reddy, M.D. from New Jersey reported on several cases of insulin resistance, post herpetic neuralgia, and hypertension that have responded to the Parasympathetic Brain Reflex Protocols. This is quite astounding to see the continuing expansion of the effectiveness of these simple, simple techniques on so many body functions.

### **40 Year Old Trauma Relieved On the Spot with P.N.T. Trigeminal Protocol!**



"I had a near death experience after being hit by a baseball bat when I was nine. I've felt anxious and traumatized about it for 40 years. After the Trigeminal Technique I could no longer see the event in my mind (that I think about regularly for 40 years). I felt lightness and balance, which was amazing! I feel so present. No background noise. So weird and cool!!!" **P.J. Antilla, P.T. Portola, California.**

**Doctor In Orlando Reports: A Patient With Bone-on-Bone Knee Pain Regained FULL Use of Both Knees. P.N.T. More Effective Than 3 Epidural Shots for Years of Hip and Knee Pain. Patient With Frozen Shoulder Regains Full Range of Motion. Pronounced Ankle Swelling Disappears, Hearing Impairment Clears Up After P.N.T. Visit to Orthopedic Surgeon for Knee Pain Avoided.**



“My hip and knee pain is the closest it has ever been to being gone in at least 10 years! **I've had 3 epidural shots over the years that did nothing for me like this.** I walk up to 8 miles daily for exercise. My first two walks after Dr. Darci's initial PNT treatment were PAIN-FREE for the first time in years! I don't expect years of pain to vanish with one treatment, but so far, it's AMAZING! PNT has given me the first glimpse of relief from knee and hip pain in years.”

Another patient wrote: “I've had a nagging knee pain issue for years. My husband and I referred to it as my “bad” knee, as opposed to the “good” one! He was always suggesting that I see an orthopedic surgeon, but I just did not want to get cut-on! A couple days after my PNT session, the pain just melted away, and it hasn't bothered me since! **No ortho surgeon!** Get touched, instead of cut-on!”

A patient wrote about her husband: “My husband had very bad arthritic knees and shoulder. He had trouble getting up and down because of the knee pain. The shoulder pain was intense at times. After having back surgery and both hips replaced, he didn't want any more surgery. **Even with a diagnosis of "bone-on-bone" knee pain, Dr. Darci has given him full use of his knees, and the shoulder is much better.**”

A woman says: “I could feel several issues going away during my first PNT treatment. The stiffness and congestion in my head was lifted, and replaced with clarity. **I have an ongoing ear issue that makes my hearing in that ear seem like it's in a barrel. The treatment immediately resolved that. I can hear out of that ear now...**it's wonderful! It just seemed to release the pressure in my head and ear. I've had post-surgical discomfort and tightness in my shoulder area and upper back. The treatment released the tightness immediately! When you suffer with something day after day, you notice immediately when it's gone! If I had a tail, I'd wag it!”

This patient had bad swelling in her ankle disappear after PNT: “I had a bad fall while playing tennis with a severe ankle sprain, plus a shoulder and elbow injury from the fall. I went to my MD and started physical therapy for the injuries, although my injuries did not improve much.

“Still, nearly two months later, I continued to have pain in each of these joints: I could not raise my arm past 90 degrees; and my ankle still had bad swelling, even though I was devoted in continuing the prescribed exercises that I learned in PT. I’ve attached some pictures of my ankle, so you can see just how bad the injury was after my fall.

“I’ve now had several PNT treatments from Dr. Darci, and **after each treatment my ankle swelling and pain improved dramatically before my eyes!** Before PNT, I could not see the bones in my ankle or my Achilles due to the swelling, and now I also have full range of motion! **The other amazing thing is that she not only eliminated my elbow pain, but she also gave me full range of motion again in my frozen shoulder!** I’m back playing tennis and pickleball thanks to Dr. Darci! I am just amazed after every treatment!”

This patient had a spiritual experience: “The result of my session with Dr. Darci was way more than pain reduction, although the pain reduction was significant. I physically felt electricity radiating through my spine. It was more like a spiritual experience. One I likely will never forget.”

This patient can now wear heels again: “One PNT treatment cured my left foot pain! During one of my regular visits with Dr. Darci, I mentioned a puzzling issue with my foot that had been ongoing for 3 weeks. The pain while walking had forced me to stop wearing heels. The next day after PNT treatment, my pain was significantly improved, and on the 2nd day, it was GONE! Now I’m wearing heels again and pain-free!”

A woman reported: “I’ve had constant low back and hip pain for the past 5 months when sitting. After my treatment, I sat in the lobby to wait for my husband and my pain was TOTALLY ELIMINATED.”

This patient had pain while driving, a very common complaint- GONE after PNT: “I spend a lot of time on the road. My neck, back & leg pain usually begins about 30 minutes after I start driving. After Dr. Darci's PNT treatment, I was shocked to be able to drive for hours without pain! Before PNT, I've had pain for years while driving. Now, it's kind of a strange feeling, like something is missing when I start driving; but happily, it is the pain that's gone!” **Darci Mull, D.C. Naples, Florida.**

## 11 Year Stroke Patient Has Dramatic Improvement With P.N.T. Brain Reflexes™.



"I had a patient who had a stroke 11 years ago, a cowboy. He came in with claw hand, a drop foot, and he had to swing his leg around to walk. He walks with a cane. His hand was ice cold and he has to wear a glove because it's so cold. Within a week he stopped needing to wear a glove, because the circulation in his hand normalized.

"He began to get sensation back in his leg after the first treatment. Before treatment his arm and hand was in complete flexure. I couldn't straighten it out, it was completely bent to his chest. Now he can straighten it almost completely. He told me that he scratched his head one night in bed with his left hand. He hadn't done that in 11 years.

"One morning soon after he began treatment, when he was in the shower he called his wife to say "are you making coffee?" His wife said "how the hell do you know that??" He could smell the coffee. He hadn't been able to smell for 11 years. His sense of smell came back from the treatment." **Steve Evans, D.C. Longmont, Colorado**



"I've had patients with Reflex Sympathetic Dystrophy, with hands that look like manikins, completely dead to the world, come back completely. The hands look glossy, they lose their lines. They look like they're not human hands. They come back to normal with the Brain Reflexes and P.N.T. procedures." **Reuben Mickel D.C. Vancouver WA.**



"Dr. Kaufman treated me for chronic post surgical pain in my left upper biceps. The pain radiates from the deltoid through my wrist. In November, 2015 I had a melanoma cancer removed at Sloan Kettering. After one treatment I am 70% relieved of pain." **Tonio O'Farell, L.M.T. Houston Texas.**

## **Severe Irritable Bowel Syndrome with Diarrhea Resolved with One Ten Minute Treatment Using P.N.T. Visceral and Rim-Fire Techniques: Patient Has the 1st Normal Bowel Movement in 6 months After Treatment!**

Dr. Darci Mull in Naples, Florida reports on a patient who had crippling Irritable Bowel Syndrome and diarrhea, who had a dramatic, instant recovery in one treatment. I've always had a great interest in intestinal problems, both inflammatory and functional. I used to read naturopathic textbooks in the back of class when I was in chiropractic school. The naturopaths felt that most health problems were due to digestive involvement, and I often think they were not far off. (In contrast to the early chiropractors, who claimed that most health problems were due to spinal misalignments.)

In this case, Dr. Mull used a spinal treatment (the P.N.T. Visceral Reset Technique) to massively improve a digestive disorder. Persistent diarrhea in an elderly person is always a cause for concern, as it can be a symptom of a terminal disease, and it can be life threatening itself. In any event, Dr Mull certainly dramatically improved this patient's quality of life.



“This patient was a 75 yo, fragile female weighing 104 lbs. she had lost 15 lbs since developing IBS 6 months previously. She had diarrhea every single day for over 6 months; it was so bad she could not be away from a bathroom for any length of time. She reports having been seen by the “best” GI doctors with no help. She tried multiple diets, supplements, and a pill that cost \$1033 per pill that she was told she'd have to take for the rest of her life. It “tore up” her intestines and she was violently ill after taking one pill. She did not take it again.

“I used the Visceral Reset Technique and the Rim Fire Techniques for the Ileocecal Valve and abdomen. It was a very brief treatment time. There was no chiropractic adjustment, no activator, no supplement advice, and no other changes were made by the patient.

“The patient excitedly presented the following day for a follow-up visit. She reported that she had the first “normal” bowel movement in 6 months with no mucus discharge. She was in tears and gave me a huge hug and said that she was telling everyone she knew. She said the world needs to know about this to help stop the pain and disability due to IBS-D.” **Darci D. Mull, D.C. Naples, Florida**

## **Emergency Room Doc Applies Simple, Quick, P.N.T. in the E.R. With Incredible Results!**

I've always been fascinated by emergency medicine. It seems to me to be the least controversial of all the medical specialties. You're helping patients right then and there, and, well...it's an emergency. I've always fancied that I myself function well under stress, and that I would be good in an E.R. setting. (So far no one has asked me to do this.)

Many years ago my friend Dr Jawad Bhatti was kind enough to share a 12 page document of his dramatic experiences using the various P.N.T. techniques in an urgent care center. Several other docs have done likewise, and now Dr. Vance shares some of his experiences.

Some doctors may think they don't have enough time to apply the P.N.T. procedures on their patients. All of the techniques have been specifically developed to be applied in a minute or two! In class Dr. Vance shared a video with us that he made with his phone of a dramatic response to treatment! In almost no time he can video the testimonial and then put it right up on his website! How cool is that??!



"I've been using Dr Kaufman's methods for almost 2 years and have had some incredible results!

"One of the first cases I remember was a patient who came in to the Emergency Room after having fallen 2-3 weeks before, complaining of right shoulder pain. She came in with her arm in adduction and unable to move her shoulder at all, complaining of "12 out of 10" pain.

"I spent about 10 minutes using light touch to various areas of the shoulder. By the end of the treatment, she was 100% pain free with full range of motion of her arm.

"A friend of mine had some Achilles pain for 3-4 months and ended up walking around in a cast boot. I had her take her boot off, and found her to be tender at the Achilles insertion. I used one of Dr Kaufman's techniques to stop the pain instantly. I told the patient to quit using the boot and asked her to follow up in the clinic in a few days. I didn't see her for a couple of months, but when I ran into her socially she said she'd been pain free since the treatment.

"I have a video testimonial of someone who had a headache from a hangover, and within 5 minutes we were able to make it completely go away - I ran into the patient again about 12 hours later and they said they'd been headache free ever since the treatment.

"I have treated PTSD with one of Dr Kaufman's protocols in about 10 patients, and it worked fantastic in 9 of them, with only 1-2 patients needing repeat treatments.

"I have used the protocols on many, many patients. Am I able to fix everyone with this therapy? No. But more often than not I can make a significant difference with patients' symptoms, and frequently make them completely disappear.

"I am truly grateful for Dr Kaufman and his ability to move the practice of medicine so significantly down the field. I look forward to continuing to learn more and more remarkable techniques from him." **B. Vance, M.D. Meridian, Idaho**

## **Neuropathy and Other Neurological Symptoms GONE in Many Patients?**

**Ran Kalif, L.Ac. is a very accomplished acupuncturist and long time practitioner of our many P.N.T. techniques.** He has many astonishing cases of patients improving on the spot with peripheral neuropathies and disc syndromes, including severe pain, paresthesia, and muscle weakness and flaccidity, using the P.N.T. Paraspinal and Sclerotome Techniques.

We now have many, many reports from doctors of peripheral and other neuropathy patients clearing up by using these techniques. Neuropathy is frighteningly common- 8% of adults have chronic, neuropathic pain. In the U.S. diabetes is the most common cause, but there are many causes, including drug use, AIDS, herpes zoster (shingles), post surgical pain, traumatic injuries, and of course leprosy (yes, that's right. Leprosy is the most common cause of neuropathic pain worldwide, though almost unseen in the U.S.) Neuropathies of all kinds respond poorly to current medical treatments.

The P.N.T. Paraspinal Technique that Ran (and many other doctors, even me) use so frequently is the very first, very simple technique we learn in class and on DVD. If you don't use this on every single patient, you might want to review the P.N.T. DVDs.



"I had a patient who had absolutely no ability to flex his big toe at all. He had no L5 reflex. I cleared multiple psoas reflexes on him (using various P.N.T. procedures). After fixing his psoas, he regained 80% of his L5 reflex in one treatment.

"I have 50-year-old patient with severe neuropathy-he needed a cushion under his feet to walk. He had many trigger point areas in the paraspinal muscles, along the bladder meridian. I corrected all of these over five or six treatments using the P.N.T. Paraspinal Technique. This completely eliminated the neuropathy. He had been to all the top neurologists in Israel. (He was a very wealthy guy.) He went back to his life!

"Many people have had peripheral neuropathy clear up by having the trigger point areas in their paraspinal muscles fixed, just by using the basic P.N.T. paraspinal procedure. I've done this on many severe neuropathy patients.

"I had a patient with sciatica and radicular pain. I did a Sclerotome Technique on them while they walked. I walk with the patient while they walk. With this I see massive results in one treatment instead of five or six. I also have them do deep breathing during the Sclerotome Procedure on any area.

"I had a patient with a T9 compression fracture; his spinal cord was breached. Six months before, he lifted huge a huge cupboard, and fractured his T9. The MRI showed the disc protruding into the spinal cord-they were concerned that he would become paralyzed. Even though the fracture was at T9, there were other areas that were affected.

"He could barely move. He had severe back pain, quadratus pain, and inguinal area pain. He had numbness and paresthesias. He could barely move at all for six months; he had to move very gingerly. After one treatment using the T9 Sclerotome it was resolved. He got better in a matter of minutes.

"He felt so much better immediately, even though he had it for six months. His second MRI showed that the spine was clear. He was symptom-free after one treatment.

"In Israel, C-section deliveries are very common. Often the scar from the surgical delivery is extremely painful, the patients have pelvic and sacroileac pain. I've done the Brain Reflexes and this often eliminates the sacroiliac and C-section scar pain. The scar pain, pelvic pain, and S.I. pain disappear.

"I saw a male patient with severe, deep ocular pain- he was in agony. I did Brain Reflexes on a couple of areas, and that stopped the pain on the spot. I saw a patient with multiple disc herniations. He had no reflex of his big toe. He couldn't bend it at all, he couldn't stand on tip toes. He'd had this for 3 weeks. I did the L5 Sclerotome Technique (with deep breathing, during movement). In 3 minutes, he had no pain, AND his big toe reflex came back." **Ran Kalif, L.Ac. Tel Aviv, Israel**

## **Patient Gives Birth to Large Turd, No Longer Needs Intestinal Surgery After 1 Treatment!**



"I treated a patient about 5 years ago who suffered from a severe bowel obstruction. He was scheduled to have the remaining half of his colon removed the next day. (The first half had already been removed.) He had over a dozen extremely tender areas over his abdomen which easily resolved with the P.N.T. procedures. As I left I told him, "If you have a giant bowel movement, name it after me." He did have a large movement soon after treatment, and no longer required surgery. In fact, he never required any further surgery." **Steve Lavitan, D.C. L.Ac. Paramus, N.J.**



"I've seen 5-8 patients with palpitations. One patient had had them for 2 years. He was on a lot of meds with no improvement. He had especially heavy palpitations at night. After 2-3 visits he didn't have them any more. This was a year ago and he's had NONE.

"All of these patients have maintained improvement. 1 or 2 had immediate relief. Usually it took 2-3 visits.

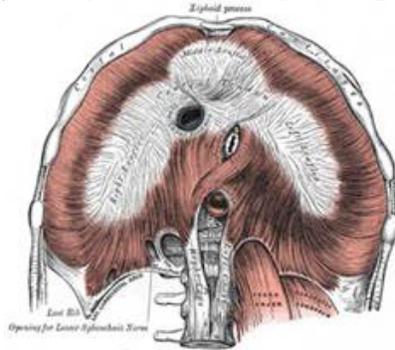
"I saw a patient who had injured his shoulder playing Rugby in the 1970's. He was unable to raise it past horizontal. I did the new tendon repositioning on him and it immediately came all the way up.

"The lymphatic pooling technique has really helped a couple of patients on chemotherapy. The nausea, vomiting and diarrhea are dramatically better, as is the fatigue." **Mark Sinclair, D.C. Auckland, New Zealand**



"I treated a cardiologist who had high blood pressure. I tried the P.N.T. Cervical Protocol his blood pressure dropped from 170/110 to 120/70 with one treatment. He did not have any neck pain before the treatment. We were just trying different things for hypertension." **Jawad Bhatti, M.D**  
**Midlothian VA. Board certified, Pain Management, Board certified, Physical Medicine and Rehabilitation, Board eligible, Internal Medicine, Hospitalist.**

## The Diaphragm Reset is A Dramatic, Completely New Way to Massively Improve Diaphragm Function!



### Severe Intestinal And Back Pain Can be Due to Diaphragm Involvement

I've now seen several patients with severe intestinal pain and dysfunction who have responded dramatically to the simple Diaphragm Rim Fire technique. Some patients have remarked on a dramatic and unexpected improvement in their breathing.

I treated a patient with excruciating pain that came on when he laid down. It was "in his back"- but also corresponded to the back of his diaphragm. Applying the Rim-Fire technique eliminated 83% of his pain, according to his report the next morning.

The diaphragm is the second most important muscle in the body, after the heart. If it stops, we die. If there's less than ideal function, we can suffer respiratory, digestive, fatigue, or other complaints. This seems to be extremely common and almost always overlooked in patients.

The **Abdominal Muscles, Psoas, quadratus lumborum and Diaphragm** are very closely interconnected, and work as a unit. The Muscle Rim-Fire synchronizes this unit- results are often strong and immediate. It barely takes

any kind of pressure at all to do this technique! **AND the patient OFTEN remarks on the rush of endorphins produced from the treatment.**

**[www.painneutralization.com](http://www.painneutralization.com)**

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**\*Disclaimer: Calculating generally expected performance results is difficult or impossible, because there is no “typical” user of our products. We’ve made a good faith effort to share the actual experiences of our doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T.,N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment. Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. Some patients do not respond at all. We’re always eager to for our students to give us feedback on the results they’re getting.**

P.N.T., the Brain Technique Reflexes™, and the other techniques are not effective for every patient. Several treatments are usually needed for lasting results. These reports were all written by the doctors themselves; they have not been verified by us, and may not reflect Dr. Kaufman's opinion. These are our best testimonials and may not be typical. Your results will vary. These doctors were treated with P.N.T. or other Kaufman Techniques™. We can not guarantee any particular result or outcome from this seminar, health wise, financial, or otherwise; however, we do guarantee your complete and total satisfaction with the material or your money back. Stephen Kaufman D.C. and Kaufman Technique LLC are not responsible for any loss or damage resulting from the use of these procedures or any information on DVD, in class, or in written form. Stephen Kaufman is not responsible for loss or damage in the event the seminar needs to be cancelled. We reserve the right to refuse admission or sales to anyone. All patients with hypertension need to be monitored by a doctor. Note: a few of the later reports and photos are from doctors at earlier seminars, and doctors who have watched the Home Study DVDs.\* all material herein c.2016 Stephen Kaufman