

D.C.s, M.D.s, L.Ac.s, P.T.s Speak: Their Experience With The Pain Elimination Techniques!

Disclaimer: There is no "typical" user of our products and therefore citing generally expected results is difficult if not impossible. We've made a good faith effort to share the actual experiences of doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T., N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment.

Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. A few doctors are not able to successfully apply the techniques, and they don't see improvement in their patients. Some patients do not respond at all. We're always eager to for our students to give us feedback on the results they're getting.



"43 out of 49 low back pain patients had rapid relief! 34 out of 37 neck pain patients got immediate elimination of pain! 2 fibromyalgia patients had full relief. 5 patients had good relief of abdominal pain. 7 headache patients had full relief." Jawad Bhatti, M.D., Midlothian, Va. Board certified, Pain Management, Physical Medicine and Rehabilitation, and board eligible, Internal Medicine. Hospitalist.



"I've had many exciting responses, immediate elimination of pain and reduction of other symptoms. The techniques are quite effective in reducing inflammatory arthritis pain and swelling in my Lyme patients. In fact all my Lyme Patients this week reported improved mood and decreased pain. 31/32 success stories in 2 weeks. I've used the technique to reverse rapid onset of URI's and UTI's. Patients have found it very helpful in reducing pain, anxiety, depression, insomnia, and muscle spasms. Multiple chemical sensitivities and other allergies decreased. Chronic post abdominal surgery pain of many years disappeared in minutes. This is what I went into medicine for! My prediction- PNT™ will change the course of medicine." Karen Vrchota, M.D. Winona, Minnesota



"Had I not seen it, I wouldn't have believed a system based on simple body physiology could take away your pain so quickly. I and 40 other doctors witnessed several dozen consecutive resolutions or near total relief of chronic pain. Dr. Kaufman's remarkable technique might resolve your chronic pain or even organ dysfunction. It's so simple it's astonishing the technique is unknown in medical school and largely unknown even to chiropractors. If you're like the dozens of physicians I witnessed, you'll exclaim, "wow, that's amazing", or "I just can't believe it." Here's a "hands on" technique that heals the multitudes, by resetting their nervous system reflexes." Robert Jay Rowen, M.D., editor in chief, 2nd Opinion Newsletter



"Wow! And wow again! As dramatic as the literature for the Manual Spinal Nerve Block™ may seem, if anything it's understated. My experience over the past months with patient after patient has been phenomenal! Nasty trigger points (like upper trap) and chronic pain patterns literally do disappear rapidly using this breakthrough. I've gained such confidence in my ability to handle really tough pain syndromes I'm calling those intractable patients whom I've exhausted my options with and discharged- I feel now there's hope for them!" Steve Tashiro, D.C. Lakewood, CO.



"I've had pain for over 20 years at the C7-T1 level that resolved after treatment at the June Boot Camp. I also had bilateral hip pain for months that I thought was from DJD, but x-ray did not show any degenerative changes. I was having trouble walking. After treatment the pain was gone; I have no more hip pain. One year follow up: both problems never returned after that treatment!" Terry Williams, D.C. Ft Lupton, CO.



"Once Dr. Kaufman started showing the techniques I gasped. "Oh my God, he could teach 3rd graders to be healers. The techniques are so astoundingly simple, yet profoundly effective. It's a revolution in healing. I could see its application in class but once I got back to work the reality set in. Before I was starting to feel like a mechanic, cranking and twisting, popping and pulling. Now I feel like a magician,

waving a magic wand." **Chris Tusken, D.C., Loveland, CO**



"I've had chronic C5-6 pain since my mare dumped me in the pasture on my head 50 years ago. At the ACAM meeting in Phoenix, 2007, almost all the pain was relieved that day and has remained so **for over 6 months**. At the Denver Boot Camp, I had chronic medical epicondylitis of the right elbow relieved by treatment." **George R. Watson, D.O., Wichita, KS.**



"A kidney stone had been stuck just below my kidney for 2 months, causing 4 separate visits to the ER and a great deal of agony over many weeks. The surgeon was about to schedule me for surgery. After Manual Spinal Nerve Block Treatment the pain stopped! I was extremely surprised and delighted the next day when my urologist's X-rays showed that the stone had migrated all the way to the neck of the bladder and was about to leave my system. The stone passed out completely 3 days later. There had been no further pain or bleeding after treatment. **This was over 3 years ago and I've had no recurrence.**" **Thomas R. Giles, Ph.D. Denver, CO.**



"Thank you, thank you! My wife says PNT is the best technique ever—the first time we can shut down one of her headaches right away! My regular patients are just as impressed! "Amazing" is now an everyday word in my practice. These new procedures are the most powerful techniques that I've learned in 34 years! You've truly taken it over the top this time! Any technique this simple, yet this powerful, is truly going to go wild." **Don Gay, D.C. Florence, CO.**



"I saw a patient who had SEVERE low back pain for 2 years, so bad he couldn't sleep more than 2 hours before he awoke writhing in pain. He had seen 2 surgeons, his MRIs and CT scan's showed 8 different indications for surgery. After Manual Spinal Nerve Block treatment, he slept normally- he's had no pain at all! His surgeon is astonished at the dramatic increase in his range of motion!

The Pain Elimination Grid™ may be the most significant contribution for pain relief this century. I'd been unable to extend my elbow fully since I chipped the ulnar bone 30 years ago. I always thought this was due to a joint mouse. In a short time you restored full, pain free motion using the Grid! 1 year later, it's still normal! You also eliminated a painful coccyx and lumbar spinous pain that I had since the age of 8!" **Patterson Stark, D.C. Christ Church, New Zealand, member, American Academy of Anti Aging Medicine**



"Dr Kaufman's techniques are so simple and effective, they'll turn even the most chronic skeptic into a believer. I work in a high volume clinic seeing between 160-190 patients/week and we use the techniques on almost every patient. How effective are they? Well, we're booked 3 weeks out now and have patients begging to be seen. Learn the techniques and start getting the results you've always dreamed about!" **Joseph Giacona, LAC., Brooklyn, NY**



"Immediately after the ICIM conference I came home to treat my wife's knees (with the Grid technique). She's now sleeping pain free for the first time since last spring. Dr. K. also treated my sister yesterday for plantar fasciitis, a condition that has caused her considerable pain for about six months. Today she has no pain at all." **Terry Chappell, Chappell, M.D., president, International College of Integrative Medicine, past president American College for Advancement in Medicine, Bluffton, Ohio**



"I treated a female, 45 years old. 18 years before she had tongue cancer spread into the lymph nodes. She had surgery and radiation to treat the cancer. As a result of surgery, she was hypersensitive on right neck and side of her face to the point that she could not touch her neck or face for 18 years. I treated her with the Manual Spinal Nerve Block and her neck and face are now normal for the first time in 18 years. Her comment: 'Unbelievable, amazing.' She was referred to me by a local physician." **Martin Benjamin, LAC., Lenox, MA**



"My patient had acute low back pain, radiating to both legs. When I saw him at home he was unable to move without severe pain. Utilizing the basic Spinal PNT on two consecutive days he was completely relieved of pain. He was amazed." **Emanuel Stein, M.D., cardiologist, Norfolk, VA**



"For 3 months I couldn't sleep on my right side due to shoulder pain. I also had pain on raising the arm. A boot camp attendee did the Pain Elimination Grid technique and the pain disappeared! I'm also using the techniques with great success." **Marvin Wilson, M.D., peripheral vascular surgeon, Topeka, KS**



"Besides seeing the amazing results in others, I obtained relief from chronic neck and back pain. It's not returned, weeks later." **Hyla Cass M.D., author of *Supplement Your Prescription and Natural Highs*. Board of directors, American College for Advancement in Medicine. Pacific Palisades, CA.**



"The day after my treatment, my back and sciatic pain disappeared for first time in years!" **Joseph Rich, M.D., board of directors, A.C.A.M. Knoxville, TN**



After the seminar I treated a cardiologist and he wrote me the following testimonial- **Helen Law, L.Ac. Princeton, N.J.:**"I suffered severe neck pain. I had fusion surgery from C4 to C6 in 2003. The pain returned several months ago and I was very frustrated. I had Pain Neutralization Technique performed by Helen Law, L.Ac. , after which the pain went away and the range of motion was almost fully improved. I have not been able to move my neck so freely for many years. On a follow up visit most of the pain was gone except slight soreness in the right scapular area. The neck was great. After treatment all pain was gone." **Mitchell Fuhrman, M.D. (Cardiologist) Rosemont, N.J.**



"***Here's a miracle I wouldn't have believed if I wasn't there to witness it.*** A previously unknown chiropractor delivered a talk about his Pain Neutralization Technique for instantly relieving the pain of trigger points. He claimed to immediately restore motion and eliminate pain. What medical doctor would believe such claims from a chiropractor? I listened with curiosity and healthy skepticism. Then he performed his technique on many of my esteemed colleagues including some very famous ones. The majority got immediate relief, even with very long term chronic problems. It was absolutely incredible! I'll be devoting an issue of my newsletter to his techniques." **Robert Rowen, M.D. editor-in- chief,**

"Second Opinion" newsletter. Santa Rosa, CA. (May, 2006.)"



"The Pain Neutralization Techniques are incredible, this is so much fun to see the look on people's faces when you shut down a major pain. Almost too many cases to list. I had a patient last week with knee pain for a year, and couldn't walk well. I did the P.N.T. and there was no further pain. Walking is now painless! It was amazing!" **Kerry Randa, D.C. Loveland, CO.**



"In October of 2004, I injured my left lateral meniscus. The subsequent MRI revealed a mild tear. You treated the knee for pain at the fibular head and surrounding area and the pain went from VERY TENDER on palpation to almost fully improved. Flexion increased substantially. The restriction and tightness was all gone!" **Marvin R. Terry, DC Orlando, Florida**



"The techniques continue to be phenomenal, even after several years! They've made my treatments so much more effective and patients love the fact it's not painful. My only complaint is my patient volume has gotten out of hand due to referrals and I can't handle all the people that want to see me. I just got a

much bigger office, hired an associate and two secretaries- my practice is exploding out of control!" **Ken Andes, L.Ac., D.O.M** Suffern, N.Y.



"After 5 years of TMJ pain, Dr. Kaufman demonstrated a brief treatment on me. I am amazed how great I feel!" **Christian Distefano, L.Ac., Suffern, NY**



"This is some of the most exciting stuff I've seen in years. Thanks to you, I'm swamped (with patient referrals)! I've never had these kinds of results with anything. P.N.T. is amazing. (Like you promised) I have patients saying "Wow! That's amazing!" all the time. You've made my practice fun & exciting again which is particularly rewarding as this is my 27th year in practice!! I had epicondylitis for 3 months and after brief treatment my pain and limited ROM is totally gone!!

"The Pain Control Patterns (P.C.P) have produced amazing results. I had an 87 y.o. man, who's had back surgery, open heart surgery, DJD, DDD. I told him that he wasn't a candidate for spinal manipulation but we could use the PCP. This man was severely depressed from constant pain made worse by even minimal physical activity. I did the PCP and the grid technique and his pain has gone! I taught my son the sciatic technique over the phone-in a short time, his girlfriend's severe sciatica was GONE!" **James Monk, D.C., Chickasha, OK**



"I have a patient who had chronic, unrelenting upper thoracic pain for many years. She responded poorly and temporarily to many techniques. During one of her worst flares I used Dr. Kaufman's pain relief technique; it gave her almost full relief on the first visit. Truly amazing! After 30+years of practice, this is the first testimonial I've ever written!" **Perry Ruby, D.C., Denver, CO**



"I've suffered chronic neck and shoulder pain for 15 years, from various sports and car accident injuries. I usually have to get aggressive chiropractic adjustments in order to get relief. After brief treatment, I feel great!" **Tom Grant, D.C., Salt Lake City, Utah**



"In just 3 hours, I learned enough to relieve the pain instantly from a 4 year-old injury to my husband's right wrist. I went back to my room at the hotel where the seminar was being held, excited to try the new techniques on him. He wasn't even able to brush his hair without wrist pain. He had **NO** pain when we finished!" **Michele Chambers, L.M.T., 29 Palms, CA**



"It's amazing! I had a headache, stomach problem, fatigue. It's totally gone. I'm so excited to have found this technique. It's very easy and simple but with amazing results." **Taeho Lee, D.C., Dallas, TX**



"I got relief of a knife-like stabbing pain in my mid-back, at the June 2008 BootCamp. **One year follow up: the pain never returned!** PNT is the most consistent pain relief technique I've ever seen. It really is amazing that something so easy to apply can have such profound results relieving pain and restoring function in patient after patient." **Reuben Mickel, D.C., Vancouver, WA.**



"Thank you for giving me my life back! For the past year I've struggled with pain, weakness and numbness due to a lumbar disc herniation. After treatment I now have minimal pain, the numbness disappeared, and I'm looking forward to getting back to activities I love! The last time I ran (over a year ago) I ended up having an epidural injection due to a disc herniation. The day following treatment, I could run without pain!" **Laura Gervais, D.C., Cheyenne, WY.**



"I've used P.N.T. or about a year now and truly this is an amazing technique light years ahead of its time. One patient was described as being on death's door with chronic low back pain and bedridden for years. After only a few sessions his chronic pain disappeared and he was back to activities of daily living. Friends and family have commented that he's cheated death ". **Joey Alcantara, D.C., Calgary, Alberta.**



"I've had trapezius pain for 2 years that radiated into my shoulders, bilaterally. It disappeared after the treatment. It really is amazing!" **Vicki Lumpkin, D.C., Lubbock, TX.**



"I've had upper extremity stiffness and restricted ROM, and severe neck pain for about 7 years. I'm always restricted in the cervicals with painful muscle spasm. I feel like somebody is squeezing and pulling my neck forward. After treatment, my neck feels almost all better!! My head feels significantly lighter, and I can breathe better" **Tomoko Terry, LMT., Stockton, CA.**



"These techniques are spectacular! As a veterinarian I tried PNT on my 15 year-old dog, "Rex". After a few techniques Rex seemed a different dog. He was able to stand quickly and walked with a new freedom. The next day my wife called me, in tears, and relayed that Rex was running in the back yard, like a 2 year-old dog, galloping full strides. I was thinking his days on earth were numbered. I've used the techniques on numerous clients' animals with similar impressive results." **James E. Watson, DVM, Denver, CO.**



"I've had severe neck pain and severe occipital headaches for 15 years. The neck pain was constant, the headaches 40% of the time. I searched desperately for an answer through numerous chiropractic techniques with very little response. At the bootcamp I quickly had a substantial reduction of pain and a very distinct increase in my ROM. 36 hours later that relief is still the same. I haven't had lasting relief like this in over a decade." **David E. Fray, D.C., Raytown, MO.**



"I had another "wow that's amazing" story this morning. Age 70 female with headaches, trap and neck pain. I used meridian bending technique and I got, "wow that's amazing". I had a 55 year old male patient who's grossly overweight with severe knee pain. After treatment the pain disappeared in almost no time. He said "I haven't put this must pressure on my leg in a long time! I also had a patient with abdominal pain and various forms of digestive issues, spasms of the sphincter muscle, etc. I was doing the tissue bending technique and there was a shuttering underneath my fingers, then she said she felt the pain move and disappear." **Tammy Bennett, A.P., Longwood, FL.**



"Since an auto accident in 1982 I've had cervical discomfort, loss of ROM and sub-occipital headaches. After Dr. Kaufman treated me yesterday almost all the pain in the lower C-spine was removed. The ROM is near normal, upper c-spine pain is still gone and I have no sub-occipital or frontal region headache. Much of this pain has been with me for over 26 years!" **Robert McCartney, D.C., Chouteau, OK**



"I've suffered pain in the right shoulder for 2 years, pain that radiated down to my arm. The treatment restored my range of motion without any pain. 2 days before the seminar, I injured my lower back during my morning exercise routine. I could not bend forward or sit. After treatment I am pain free!" **Helen Law, LAc., Princeton, NJ.**



"Today I witnessed seminar participants' chronic pains just disappear. I also personally experienced my own discomforts relieved right away. These techniques will be highly sought after to reduce dependency on pharmaceutical intervention and give back life to patients." **Jeffrey S. Fedorko, DC, board member, Foundation for Chiropractic Research, Canton, OH., president, Congress of Chiropractic State Associations**



"I had the privilege of having Dr. Kaufman demo his advanced Pain Neutralization Procedures in class. My 20-year sciatica that has become progressively worse, extending to my toes and making it painful to sit/sleep was greatly relieved. His pain techniques are remarkably simple to learn and very effective." **Julie M. Neway, N.D., PhD, Longmont, CO.**

"I've had chronic low back pain for 48 years. The manual spinal nerve block technique worked incredibly well to very quickly and dramatically reduce the pain in my low back . " **Brent Peterson, D.C., Logan, Utah**



"What was most impressive to me was my self-treatment on my own lateral knee pain. After a simple procedure, the pain is gone. Also, your treatment of a Doc with significant shoulder dysfunction blew me away. Very impressive." **Michael Moralez, D.C., Delavan, WI**



"I had constant low back pain and stiffness for a year. One treatment (at the bootcamp) and the pain and stiffness almost disappeared! Truly amazing!" **Alan Wolchansky, D.C., St Louis, MO.**



"There are no words to do PNT justice. I've practiced for 50 years and with this work, I wish I had another 50. One of my patients gave me this report, after doing the PNT techniques on him: "During the past 4 years I've have had vision problems in my left eye. As time went on my vision problem got worse with greater impairment and longer durations. Because the problem progressively worsened I saw a neurologist for help. Eventually I found myself nearly unable to function in my job as a police officer as my vision in my left eye was now impaired 24/7. In June of 2008 I went to Dr. Raether in desperation. With his techniques I've experienced relief in the first week. Within 4 weeks the symptoms were gone and stayed away. My vision is restored and I have Dr Raether to thank for that."" **Charles V. Rather, D.C., New Holstein, WI.**



"Years ago I dislocated my jaw. I've had very severe TMJ pain. Within minutes, I felt the pain and tension let go when Dr. K treated me at the seminar. I have tried your many techniques on my patients with great success. I feel like I can get rapid relief for them. They are amazed and so am I. I've also been suffering from post surgical abdominal pain. After one treatment, the pain neutralized almost all the way! I wish I could tell you all the success I have been having." **Carrie Andress MS, L.Ac. Gardiner, NY**



"I have been getting **FANTASTIC RESULTS!!!!** This stuff is so effective it's the only treatment I usually use for pain. A patient with lateral femoral cutaneous nerve pain was almost all better after treatment, even more after the 2nd treatment. A patient with severe knee arthritis went from severe pain to almost none, and remained there 7 mos. later. Several patients call me "magic fingers." **Derick Russell, P.T., Oak Park, IL.**



"Is this a miracle or what? After 21 years of cervical and thoracic agony due to fractures and post-surgical pain (I have a titanium cage in my spine), this is the first time I've experienced relief with natural methods (at the bootcamp)". **Peter R. Spillmann, D.C., Yucca Valley, CA.**



"I'm having many "AMAZING" results from PNT, MSNB and the other techniques since last summer's Boot Camp. I've had 3 patients who had shingles and did the MSNB technique with great results. In 1990, I had the opportunity to train with Janet Travell, M.D., as part of my acupuncture training. Since then, I've been using acupuncture trigger point therapy as a major part of my practice. With the techniques I've learned during the Boot Camp, my use of needles for treating trigger points has become minimal." **Peter Goldberg, D.A. Great Barrington, MA.**

"I can't emphasize enough how important it is that my fellow colleagues take this work. The public at large needs this work desperately. The cervical work is absolutely great. On returning to practice I did an experiment and told patients that I would be doing a different type of work on their necks, a non-manipulative approach. Out of the hundreds I did this on, only one wanted a standard cervical manipulation. The feedback was great on the new techniques and everyone loved it. It still produces a better result on the cervical spine than any other technique I have used in the last 20 years. The low back techniques are incredible. I have been able to resolve several stubborn cases...." **Dr. Dean Odmak, D.C. San Antonio, Texas**



"The Pain Elimination Grid Techniques are the best of the best. I especially like the TMR procedure to instantly improve range and pain free motion and strength at joints that hurt to move. Even elderly patients with joint replacements often get huge increases in range and comfort. The first time I did it, I was shocked and excited...so was the patient!" **John Divelbiss D.C. Hillard, Ohio**

"I watched Dr. Kaufman treat over 50 M.D.s. at the A.C.A.M. conference. After treatment, each doctor felt much better; many felt all better. The next day, I asked 12 of them how they were. 11 of 12 felt much better or amazingly better." **Gerard Pesca, N.D., Phoenix, Az**

"I had continuous back pain since fracturing the transverse process of L1-2-3-4 in 1974. Dr. Kaufman treated me at the conference in 2006. The pain was gone on the spot!" **Ted Rozema, M.D., former president, American College for Advancement in Medicine, past president, I.C.I.M.**



"After attending the June class, I returned and treated a patient who had residual big toe weakness and numbness in his leg due to a 10 year-old lumbar disc injury. He had been treated by me and other chiropractors in the past with adjustments but with the addition of PNT, he and I were both thrilled to discover that he had recovered strength in his big toe and normal sensation in most of his leg, for the first time.

I also treated a woman at a sporting event who complained of back pain that she had had for 40 years. The next morning she arrived to tell me that her 40-year-old back pain was gone!" **Rachel Richards, D.C., San Diego, CA**

Medical Pain Management Specialist says Pain Neutralization Technique™ May Be More Effective Than Spinal Injections For Some Patients



"I get so many compliments (from P.N.T.), it's unbelievable. P.N.T. is brilliant. I can feel the trigger points dissolve under my fingers. I had a guy walk in on crutches and walk out without them.

"I treated a 35 y/o female. After P.N.T. the patient is now working full time, after 3 months of disability. " **Elliot J. Rampulla, M.D. Diplomat, American Board of Anesthesiology, American Academy of Pain Management, Former Assistant Professor of Anesthesiology and Pain Management at University of South**

Alabama College of Medicine



"My practice has grown enormously thanks to these techniques. Headaches, sciatica, many chronic pain syndromes- gone!" **Alain Salas, D.C. Kansas City, MO.** A patient wrote me the following testimonial: "I've had severe neck pain and headaches since an auto accident in 1986; I had 3 fractures at C4,C5 and C6. I have tried every kind of medical and alternative and treatment I could find. I walked into Dr. Salas' office July 18, and walked out without a headache! It's 4 weeks since this treatment and I'm still free of the headache that has plagued me for almost twenty years." **August Homburg, Ellis, KS**

"Today I had a patient enter with a complaint of pain from an inguinal hernia. He has been in bed for two weeks with excruciating pain on walking. He hobbled in the office and within a short time his palpatory pain was gone! Using PNT techniques he was up and walking without any pain for the first time in weeks. He even noted that the bulge from the hernia had reduced almost all the way. I really need one of those "Wow, that's Amazing" signs in my office. Since

using your techniques I hear that several times daily. I even catch myself saying it!" **Kevin Hay, D.C. Woodstock, GA.**



"I had a patient with severe degenerative joint disease in the cervical column- he had severe pain and radiculopathy down both arms, unresponsive to medical treatment. Using the cervical protocol I was able to completely relieve the radiculopathy in 2 treatments. I had a patient with severe ileitis, scheduled for surgery. P.N.T. and Manual Spinal Nerve Blocks relieved her pain substantially. I've also relieved post surgical pain and chronic post C section pain using the techniques." **Patterson Stark, D.C. Christchurch, New Zealand**



"If I don't hear "Wow! That's Amazing!" at least a dozen times a day in my practice, then I am asleep. I apply everything I learn from the DVDs the next day. You were right, at least half of my patients don't like having their necks adjusted. So we call the new cervical techniques the "soft stuff". Patients LOVE IT! P.S. Your PNT is probably the most dynamite technique I do! Thanks again for being SO AWESOME!"

One year after the class: "I am swamped with patients and tons of new patients in both offices. Overall finances/cash flow has improved dramatically after the Millionaire Synapses Seminar. What I have learned from you has changed the way I practice dramatically and definitely for the better. I implemented a few things you taught, the returns have been awesome. Using your "4 magic words" with all new patients and even my established patients has increased compliance dramatically. " **Dr. Melissa Logue, DC. F.I.A.M.A. Ft. Collins, CO.**



"Phenomenal seminar! This stuff is so much fun. I can feel the trigger points dissolve under my fingers. I've already referred a dozen doctors to learn your techniques." **David Zeiger, D.O. Chicago, IL. adjunct instructor of osteopathic manipulative medicine and family medicine, Chicago College of Osteopathic Medicine, Midwestern University; past president American Association of Orthopedic Medicine .**

How Big Can We Build Our New House???

"That was the first thing out of my wife's mouth after I used PNT on her for the first time. I had just received the DVD's and my wife happened to be a handy patient. She had been complaining of spinal pain all weekend. How convenient was that? A few minutes later, my wife is pain free but apparently somewhat dazed about the house thing. She immediately understands the potential of this technique, the implications of getting people pain free. This technique might just be too good!!! It's a side effect I can live with." **Jeff Scheuermann D.C. Slidell, LA.**



"Thanks for a great Boot Camp last week-end. I've worked with the material all week. I was the one who was constantly saying "Amazing!". It was incredible. Necks, low back, legs, heels, fingers. Wow! I really had a lot more fun in the office this week. A 71 year old male fell and severely injured his little finger. He tore the tendon. A surgical repair was suggested. When he came in for treatment, he could not bend his finger at all. Using PNT protocols, he could bend his finger most of the way. After 3 treatments he had full use of his little finger. He decided not to do the surgical repair. A 58 year old male injured his wrist working on his car. Three months after that, he still had pain and swelling. He was given a cortisone shot in his wrist. He had no relief from pain with the shot. Finally, 6 months after his injury, his wife brought him in to see me. Using your techniques, his wrist was almost all better. He said, "That's amazing". As he left the waiting room, he stopped and told my next patient about his 'miracle'. " **Eleanor Devinney, D.C. Denver, CO.**

"I've had chronic S.I. joint pain for 20 years, and had many treatments. It seems to be gone (after PNT)!" **Crystal Tack, N.D., Sequim, WA**

"I had a dramatic improvement in chronic back pain within ten minutes of a PNT treatment. I've had chronic inflammatory demyelinating polyneuropathy for a year, causing severe back pain and great difficulty walking. After treatment the pain was almost gone and I was walking normally." **Jay Johnson, Sammamish, WA.**



"I've had left sided sacral segment pain off and mostly on for years, that virtually disappeared using PNT. Dr. Kaufman also relieved my left hip pain of 55 years." **Dr. Timothy Binder, DC, N.D., L.Ac. Hamilton, MT**



"I like the fact that something as profound as this treatment can be done easily with bare hands in our current age of high-cost technology health care." **Kamal Karl, MD, Napier, New Zealand**



"Dr. Kaufman's techniques are amazing! I had chronic lumbar pain for 15 years, due to L5 disc thinning and erosion. I needed constant and frequent adjustments. After treatment, my pain has gone and my flexibility is greatly improved! Also for the past 10 years I had chronic pain and limited rotation in the cervical area, and numbness in my right arm. At the seminar, Dr. Kaufman restored almost all cervical rotation; the numbness in my arm disappeared." **Sorina Durante, CMT, CLT, Lakewood, NJ.**



"Since the June Boot Camp, I have been using the techniques on every patient at my office the very next day. To see the reaction of the patients as the tender points disappear is priceless.

One example is a patient with a chronic epicondylitis on the right side. He had an extremely tender point in his forearm extensors just below the elbow. I did a PCP and it had no pain right away. You could see the confused and shocked look on his face as it happened. As he was leaving he said his elbow was feeling better already. It took hardly any time! I am impressed!

It was a great and extremely useful seminar. Next time I will book the flight out the next day to take advantage of your staying so late on the last day to make sure everyone got it. I know that is exhausting and appreciate your commitment to helping us." **Robert Jeffrey, D.C. Los Angeles, CA.**



"I had pain and limited range of motion for 30 years in my left shoulder. I got great relief at the boot camp. Also, pain of two years in my left elbow diminished very quickly. I've used the techniques on every patient back in my office after the seminar with great results." **David Clarneau, DC, Shelbyville, TN**



"Every pain you addressed was eliminated in a matter of seconds. Neck pain gone, back pain gone. The shoulder pain and (oh yes!) range of motion of the doctor sitting next to me was almost unbelievable—right before our eyes." **Dard Muhammad, L.Ac., Houston, TX**



"As soon as Dr. Kaufman started the thoracic duct stimulation, the pain in my mid-thoracic area diminished. Since getting the PNT DVDs last year, I have been able to remove irritable bowel syndrome in myself and a number of patients. Most painful S.I.s go away immediately." **Patricia Salvitti, DC, Media, PA**



"I've had 2 years of cervical pain that often radiates to the right rhomboid and up the right side of head. After the cervical protocol, the pain is gone! A side effect of that is clearer vision (was foggy before treatment) and rising energy. " **Yonat Harnov, LAC, Coral Springs, FL**

"I have had degenerative hip pain for 10 years due to 15 years of football and several auto crashes! After PNT, Dr. Kaufman was able to substantially reduce my pain." **Ryan Campbell, D.C., American Fork, Utah**



"In 1990, I tore my right hamstring which was never surgically repaired. The majority of my hamstring is towards my knee. With any activity, running, squatting, my hamstring aches like sciatica. There has always been a heaviness. After being treated with P.N.T., my leg felt lighter. I had to try it out so I ran up and down the hall and **my stride was better and not painful!**" **Wendy Schauer, DC, Olympia, WA**



"For over 30 years I had been unable to adduct my shoulder more than 90°. In less than a minute Dr. Kaufman restored full range of motion. That was 5 years ago, and as you can see, I still have full range of my shoulder! Also I recently treated a patient with thoracic outlet syndrome for 25 years that showed remarkable improvement in a few visits." **Kerry Randa, D.C. Loveland, CO.**

"These amazing techniques have been a phenomenal addition to the practice. For anyone 'on the fence' about buying your DVD's, they should ask themselves one question: 'Could I treat patients with one hand and still provide effective pain relief?' Well, I broke my right hand and practiced P.N.T. hours after I got my cast. I practiced this way for three weeks, with no loss of income. Not only should doctors learn these techniques for the amazing pain relief, it was a great insurance policy for what may have been a devastating injury for me." **Tom Kramer, C.A., Red Lion, PA.**



"I find P.N.T. fun and amazing – as do my clients. I must admit that during the workshop I attended I found that I wished I had injured myself or lived with pain to have it work for me. I experience it vicariously through patients – wahoo!" **Joyce Wearstler, L.Ac. Annapolis, MD**

"I am 49 years old and have had jaw pain for as long as I can remember. Dr. Kaufman worked on me and the pain quickly went away. It is so wonderful to be pain-free! It's amazing." **Jane Halverson, DePere, WI.**

"I could not lift my left shoulder more than 90° for the last 3 years since I pulled out a car transmission. Yesterday, Dr. Kaufman treated it. Today I can lift my arm all the way to vertical and I have a complete ROM anterior to posterior. Now I have no articulation or pain restriction in my left arm or shoulder. Wow, it's amazing, it's gone." **Roger Hutchings, D.C., Salt Lake City, Utah**



"I had a patient who'd been unable to eat solid food for years- she could only eat liquids. She'd lost a lot of weight. She'd been to every doctor imaginable. She owned a Mexican restaurant. I treated her with PNT and Manual Spinal Nerve Blocks. She was able to eat again after treatment-in fact, she ate barbecue!" **Terry Williams, D.C. Ft. Lupton, CO.**

"For 9 months, I have suffered with left sacroiliac/lower lumbar pain. With just 1 session (of PNT), my low back pain is substantially better. The next day, it's almost gone. WOW! I gotta learn how to do this stuff!" **John Parks Trowbridge, M.D. Humble, Texas, best selling author, "The Yeast Syndrome."**

"Thank you Dr. Kaufman for the immediate relief you provided me yesterday. I have had continuous back pain since fracturing the transverse process of L1-2-3-4 in 1974. You found the painful point and with P.N.T. the pain disappeared. It is still gone. **18 month follow up: I have had no back pain since that 1 treatment!**" **Ted Rozema, M.D., former president, American College for Advancement in Medicine, past president, International College of Integrative Medicine, Landrum, S.C.**

"I had bilateral hernia surgery 2 months ago. Right side was much worse and painful. I was still having pain on the right side. P.N.T. decreased the pain substantially." **Douglas Davis, D.C., Salt Lake City, Utah**

"I had sciatica for 38 years in my right hip and leg. I would wake up during the night in pain. After PNT, I have No more pain! I slept all through the night. I also had pain in my upper trap and neck. I fell 4 years ago and have had very few pain-free days. Again: No more pain!" For 2 years, I've had pain in my gall bladder. Sometimes the pain would wake me up during the night. I winced with pain when Dr. Kaufman touched my gall bladder. After treatment, the pain disappeared." **Delia Wall, LMT, Houston, TX.**

"I was totally astounded and impressed with the quick successful results Dr. Kaufman achieved with his cervical technique." **Celeste Skardis, DOM, Santa Fe, N.M.**

"What did you do to me? My neck pain is GONE after 18 years! It's AMAZING! (After PNT treatment)" **David Chow, D.C. Chicago, Ill.**

"I had severe, chronic neck pain and limited cervical rotation for over 10 years. I needed to be adjusted frequently. Last year Steve unlocked the facets, restoring normal motion and a lasting pain free state!! I also had severe constant burning pain in my left shoulder after fracturing my clavicle 12 years ago. That disappeared as well. This stuff works!!" **James Taylor, D.C., Lakewood**

" I just finished watching the PNT DVD series and have been turning off trigger points all morning. It has raised the bar in treating my patients as well as making my work more fun. Dr. Kaufman truly has a gift that can be shared to any one who works with patients/clients with ...musculoskeletal disorders. I am amazed at the effectiveness of his treatment procedures on improving ROM and decreasing pain. These techniques are easy to learn but can be applied the day after learning. Patients state, "Wow, that is amazing!" after being treated." **Bill Myers, P.T. Borger, Texas**

"This stuff (P.N.T.) is "**scary**" in its effectiveness. I "magically" relieved over 15 headaches (in the office, dojo and at my house on my wife!) My assistants now joke that I have voodoo powers! " **John Hinz, LAC Waukesha, WI.**

"I've had cervical disc disease for 30 years with restricted range of motion and chronic discomfort on turning my head. In just a few minutes with Dr. Kaufman I'm rotating fully to either side pain free. (I was also unable to raise my arm) and in minutes I was able to abduct my arm maximally with much less pain." **Robert M. Battle, M.D. Houston, Texas**

"I had a patient whose back went out and she could hardly get on my table. I applied P.N.T. ... she was out of pain right away. When she got off the table she, as well as I, was amazed. It is definitely life changing on my ideas of healing. I have been practicing for 28 years and now I think I have found what I been looking to see in this profession." **Dr Stephen P Taylor D.C. Xenia, Oh**

"I had been increasingly troubled with chronic neck pain. I had no expectations of you being able to also help my bilateral knee pain as I have had numerous injuries and surgeries over the past 20 years. Thanks to your skilled treatment, I am no longer having neck pain and even my knees are far better. I am now able to run short distances without pain which has not been possible for years." **Vicki Carpenter, PT Lakewood, CO.**



"Our patients get off the table and they float! They say "this is absolutely incredible!","how are you doing this?" (getting these results with P.N.T.) I love it! It's so much fun." **Bill Koontz, D.C. Colorado Springs, CO.**

"I have been an associate professor for 15 years at 2 different Osteopathic Medical Schools in the Departments of Osteopathic Manipulation and Family Practice. These are some of the best and most effective treatments I have seen in 23 years of clinical experience. The techniques are phenomenal. I've never seen any other technique do what your cervical techniques can do..every patient that I've used them on has had an increase in ROM. The extremity techniques are very clear from the videos; it's just like being in the class...PNT is absolutely wonderful! They've worked on every patient but one so far." **Kirby R. Hotchner, D.O. Miami, Fla.**

"I couldn't believe it. I couldn't believe it could be that simple. The patient said "why didn't my other chiropractor do that?" (after relieving pain the patient had for years with the cervical protocol.) **Dr. Andrew Maciak, D.C. F.I.C.B.O., F.I.C.B.N., (chiropractic orthopedist, chiropractic neurologist,) diplomate in Pain Management, Independent Medical Examiner. Clifton, New Jersey**



"I have been in practice for 25 years. After attending just one of your classes, the phone at my office is constantly ringing with new patients. Thank you again. " **Michael Dalton, D.C. Aurora, CO.**

"After being treated at the seminar I rode in an elevator without vertigo for the first time in memory! Now several days later, I have not had any further motion sickness. I used to get it whenever I was in a car. Now it is gone!" **Tom Leeseberg, D.C. Nebraska**

"I had a lady with vertigo for a year. Last year I treated her, and couldn't fix her. Since then, she's seen all sorts of neurologists and neurosurgeons, other acupuncturists, chiropractors. She became worse; when she walked, she almost fell down. When she moved her head it started to tremble. When she read the newspaper her hands started trembling and her eyes couldn't focus.

"All of it had gotten much worse since last year. I tried the vertigo technique and after some treatment she now walks perfectly even with closed eyes! She can actually put her feet in a straight line! Previously even when she had her eyes open, she couldn't walk in a straight line. The trembling of her head went away too. In a few treatments! "**David Zhang, D.C. Houston, Texas**

"Upon reading the testimonials you have from patients and professionals, I immediately thought them too good to be true, a big hype, or even self-produced advertisement. In Norway we use a somewhat more subdued language (esp. in advertisements) than seems to be the case in the US).

However, now that I've started using the techniques, ***I am overwhelmed by the quality and contents of your seminars!*** I am incredibly happy that somebody finally found the key or "command-knob" to regulate muscle tonus and trigger points. I foresee that this modality will be taught in every school of physical therapy, chiropractic, etc. in the future. Simple, straightforward, incredibly effective and easy to apply! Being 40 years in practice, I feel I have the experience to give a valid assessment of Dr. Kaufman's techniques, and an obligation to do so!

Using them on my family members, our jaws started dropping! Honestly: I have NEVER seen anything like this (although I had a vague hope I one day would). Dr. Kaufman surely must have a scientist in his mind and guts; because he found a way to switch TP's off within seconds, and very simply. Also, these methods are very time-efficient. My deepest admiration for your groundbreaking work!" **Hans Borge, P.T. L.Ac. Norway**



**More Info: www.painneutralization.com
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There is no "typical" user of our products and therefore citing generally expected results is difficult if not impossible. We've made a good faith effort to share the actual experiences of doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T., N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment. Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. A few doctors are not able to successfully apply the techniques, and they don't see improvement in their patients. Some patients do not respond at all. We're always eager to for our students to give us feedback on the results they're getting. P.N.T. and the other techniques are not effective for every patient. They may not work in any individual case. Several treatments are usually needed for lasting results. These reports were all written by the doctors themselves; they have not been verified by us, and may not reflect Dr. Kaufman's opinion. We can not guarantee any particular result or outcome from these DVDS, health wise, financial, or otherwise; however, we do guarantee your complete and total satisfaction with the material or your money back. These techniques are not intended for the cure, diagnosis, or treatment of any symptom or disease. These techniques have not been approved by the F.D.A. Stephen Kaufman D.C. and Kaufman Technique LLC are not responsible for any loss or damage resulting from the use of these procedures or any information on DVD, in class, or in written form. We reserve the right to refuse sales to anyone. Kaufman Technique 2693 S. Niagara St. Denver, CO. 80224. c. 2010 Stephen Kaufman, D.C.