

# Clinical Reports From the Doctors: Oct. 2012 Pain Elimination Boot Camp™!

"I am The Worst at writing testimonials.

"This is because I'm too busy to write you a testimonial for every patient who is a success story, since that would be every patient I've treated since I started studying your work 6 or 7 years ago. I do not adjust or manipulate in any way - - I use only your techniques.



"Of course there are the flashy "hero" patients: the spina bifida occulta patient, told she could never conceive a child, who carried a full-term, healthy baby after she received treatment with Kaufman Techniques; the patient born with all her abdominal organs on the outside of her body who endured multiple surgeries as a child and had constant pain all her life - - pain free after Abdominal PNT; several ptosed kidney patients helped with the psosas techniques; 5 different knee replacement patients, all with post-surgical RSD, all of whom had relief from pain with a variety of Kaufman Techniques; and many, many more.

"But for me the truly amazing aspect of your work is how it helps my all-day every day patients. I practice in a ski resort town. I see a lot of knees, shoulders, concussions, whiplashes, low backs, groin pulls, and post-surgical discectomies, laminectomies, fusions, fractures, and the rest of the mayhem that goes with a population of extreme sports fanatics and World Cup teenagers.

"I know you always say that these techniques don't work on everyone, but in 6 or 7 years of using your work I have never (that's never) had a patient whose pain I could not neutralize using one or more of your many terrific techniques.

"So I know this doesn't follow your general testimonial format, but so far, in my personal experience, every patient I've ever treated with your techniques has had a personal miracle of pain and dysfunction relief that meant a lot to them and me – they are all testimonials to the efficacy of your work." **Valentina Lert, D.C. Telluride, CO**

## Physician and Surgeon Goes on P.N.T. Rampage!



**Gaston Cornu-Labat, M.D. is a holistic physician and surgeon, at Dr. Jonathan Wright's world famous Tahoma Clinic in Seattle, WA. He attended the Oct. 2012 P.N.T./ Sclerotome Mentor Class, and said:**

**"The results are so astonishing I feel like a big kid in a big candy store. The results are so immediate and the technique so gentle that I find it addictive, I can't stop using it.** For the last 20 years, until I joined the Tahoma Clinic and expanded my horizons, my specialty has been general surgery.

"My career has certainly been gratifying, but in essence, to relieve pain and suffering, I have to cause pain and suffering. This has been very present in my mind all these years. Now in many

instances I don't have to. For me, as a healer, this is huge! What you have made available is mind boggling.

"As soon as I got home from the class I went on a pain neutralization rampage with the clinic employees and practitioners. This rampage lasted 3 days and I treated about 30 people in between my scheduled work.

"One of our MA's had a couple of fractures and 4 subsequent surgeries in her right ankle about 10 years ago. She was told by her doctors that she would live with pain for the rest of her life and that it would keep getting worse. Pain pills would be the only option. She has lived with daily pain all this time. It's been 3 days now, the first 3 days in the last ten years that she has had no pain at all after I did some of the P.N.T. techniques on her.

"One of our receptionists has been dealing with carpal tunnel and epicondylitis symptoms for 6 months. I treated her and when I asked her about it a couple of days later she said "Oh! I had forgotten about it!"

"Another patient had 3 years of knee pain after meniscus surgery and now is pain free after treating her with P.N.T. in a 20 minute session.

**"Your observation about being able to "jump-start" the stomach into producing acid again is huge.** I want to get a research project going for this particular subject since it would prove a huge break through! I see huge potentials here beyond pain relief. What you have put together is remarkable. I think the most remarkable aspect of this is that it is crossing over "discipline" boundaries and I feel this may prove to be your most significant contribution.

"Irrespective of the uncertainty about the theories and explanations about how the techniques may work, **the reality is that P.N.T. does work.** Consequently, this **should be a basic technique** for anybody that practices some form of healing art.

"During the seminar I felt a little overwhelmed by the amount of information and the significance I immediately perceived it has. On the other hand, the techniques were given in such an "organic" way that I was able to start hands on pain neutralization as soon as I got back to the Tahoma Clinic even without reviewing my notes and DVDs.

"I received treatment from you and from other attendees during the workshops. My conditions were not particularly dramatic as in other cases that you demonstrated –I had low grade chronic lumbar pain and an annoying persistent pain/inflammation in my right knee after ligament repair and re-injury- however it was most remarkable to be able to experience the instant melting away of these tender points.

"As we all know, experiencing on ourselves what we do to others most enriches our understanding. And, by the way, the nagging persistent "lights on" in my right knee (subjectively not enough to qualify as pain) is still gone (1 week later)." **Gaston Cornu-Labat, M.D. Holistic Physician and Surgeon, Tahoma Clinic Seattle, WA**



"I had pain in my neck for over 20 years and after a few minutes of the Sclerotome Technique my pain is practically gone. I can say 90% - - Wow!" **Isabelle McNeil, LMT Gardiner, MT**

### **Physiatrist (Medical Pain Management Specialist) Gets Phenomenal Results Using The Pain Neutralization™ and Sclerotome Deep Pain Techniques™!**



"I've treated over 200 people using the P.N.T. and the related Sclerotome Techniques™. The most frequent response from patients is "that's amazing". I've only failed a few times to alleviate or improve folks (based on my experience I think those people had secondary gain issues for work related injuries or pain medications seeking). I'm so excited, since I having been practicing manual medicine now for over 15 years and have been searching for an easy, fast acting and effective technique. Your PNT is the answer, and needs to be used by anyone treating pain.

"As pain management physicians we are under a lot of scrutiny now for our prescribing habits and your phenomenal techniques are the answer for me to transition to a hands on treatment that is not hard on me, nor exhausting to do, with immediate amazing results. When you gave all the credit to God at the end of the conference that was the most moving part of the conference. The advanced practitioners at the conference had some of the best hands I have ever had work on me.

"I have had osteopathic, chiropractic, acupuncture, energy medicine, craniosacral and myofascial work and education by the best practitioners on the planet, and you have the most effective, immediate, and long lasting techniques I have ever experienced, seen or used on patients. I've practiced all of the techniques previously mentioned before I learned P.N.T. and now I am a believer and will tell anyone willing to listen.

"I've been able to relieve headaches, neck and low back pain, frozen shoulders, joint pain, jaw pain, carpal tunnel and radiculopathy instantly. Thanks for your gift to medicine, pain management and mankind. Your discovery of how to use these well researched reflexes to relieve pain is nothing short of transformational for both patients and practitioner alike. "

**John R. Baird, M.D., Diplomate, American Academy Physical Medicine and Rehabilitation, former associate professor University of Tennessee at Chattanooga, Louisville, KY**

## Dr. Markus Seuthe, D.C., from Baierbsronn, Germany, reversed a complete paralysis of a patient's left arm using P.N.T.!



Dr. Seuthe recently learned many of the P.N.T. techniques from DVD. He's applied the techniques with astounding results without ever attending a seminar in person, just from what he's learned from our DVDs.

His patient had a paralyzed arm for 2 years following a fractured neck and surgery. 40 doctors and neurologists told him he would never regain any further function. In this case the patient did not have permanent nerve damage, but interference with proper function that was instantly corrected with P.N.T. meridian bending and Joint Repositioning Techniques. Obviously most patients will not respond this dramatically, but who knows how many might be helped?

Dr. Seuthe wrote:

"I treated a bodybuilder whose left arm hand and fingers were paralyzed, since fracturing 4 cervical vertebrae 2 years ago. He'd had surgery at that time and was in hospital for 8 weeks.

"He couldn't move his fingers. 40 doctors and neurologists had told him he would never regain use of his arm and hand. He had zero deep tendon reflexes in his triceps and biceps. His fingers, biceps and triceps were absolutely paralyzed.

"On the first visit, using meridian bending and other PNT techniques, he regained full strength in his arm muscles, and almost full movement in his fingers. All his deep tendon reflexes came back. Feeling returned to his hand. His hand had looked very pale; almost full color came back after treatment.

"Both he and his wife started crying; his wife continued to cry for 10 minutes.

"This patient was referred in by a young girl who'd had severe migraines for 8 years. Her migraines stopped after 2 P.N.T. treatments.

"I was also able to help my grandma dramatically who had sciatica for 25 years. She's seen every physician or body worker you can think of. After applying the Paraspinal P.N.T. Techniques the pain went away. This was the first night in 25 years where she had really sound sleep! She is completely thrilled and so am I!

"When I first saw your advertising, I was very skeptical, but also very interested. It took me some days to think about ordering the DVDs, but all the great testimonials from other medical professionals convinced me to buy them. When I watched the first DVDS I thought the PNT techniques might work in some cases where I had difficulties resolving patients' problems.

**What I found was more than shocking. In almost 80% of the cases where I was stuck previously, we got dramatic improvement within 3 - 6 treatments.**

"Yesterday: a Frozen Shoulder completely resolved, with no pain anymore.... in 1 visit. I saw an acute ankle sprain - pain reduced 75 % in one visit. A patient with chronic migraines 2-3 times a day- each lasting 45 - 60 minutes .... yesterday was the second visit and the migraines are already reduced to only 1 migraine in 4 days. Your techniques completely change how I practice.

"2 miracles today: A patient had crushing knee pain and severe edema eliminated on the spot. The lady was able to walk again, which was not possible for 5 weeks. She was receiving cortisone injections and acupuncture from a local orthopedist who said it was due to "arthrosis" - her pain got worse and worse. I used the Pain Grid and Meridian Bending and that was the end of that. No pain at the end of the session, full range of motion.

"The 2nd was even more of a miracle. A 78 year old lady had kidney function of 20% with severe edema in both legs and cardiac insufficiency . I did the Visceral Impact Procedures and she called me tonight very excited. She had to run to the bathroom at least 10 times and lost about 4 Liters through her urinary tract. Medication had stopped working to eliminate her excess fluid. We treated her and the edema was gone for the 1<sup>st</sup> time in 3 years.

"I dropped a barbell on my left foot. The os cuneiforme I was fractured. To make my bad luck complete I then fell on a stairway, due to instability of my foot. I felt like I ruptured some ligaments in my knee as it was overstretched badly. It was very swollen and very painful.... x rays were negative. I did meridian bending on it and the tendon-muscular-reflex on flexion. It was dramatic as I could almost watch as the swelling was eliminated. I did the procedure for 1 more day and the knee was absolutely pain-free!

"A current patient of mine was in pure rage, and he then punched a wall. This was 8 weeks ago; since then he's had extreme pain in his hand. Shaking hands was very painful for him. I applied P.N.T, the next morning and BANG--- the pain was gone and it stayed gone.

"I have a patient who is a professional kickboxer. After years of abuse his shoulder started to hurt more and more. His range of motion was especially limited in abduction. After treating him 3 times with the techniques I learned from the upper extremity class we restored full motion; another 2 treatments later he is back in the gym and he told me that he could use his shoulder like he used it 15 years ago.

"Another patient came into my office with severe neck pain. The pain was radiating heavily into the jaw and the ear. I only used the occipital lift and applied it for 2 minutes. After this treatment the pain was instantly gone. I met the patient 3 days later and she told me that she feels like her neck relaxed completely and feels 10 years younger.

"At first it sounded too good to be true, and I was not sure if I would be able to learn these techniques by DVD. All I can say after have learned from different teachers: Dr. Kaufman is just absolutely amazing in teaching procedures to the point. There are no fancy explanations, that often can be very confusing. There is no pseudoscience trying to explain his procedures. Dr. Kaufman will give you the biggest bang for your buck and YES you can EASILY learn these techniques by watching his material!" **Marcus Seuthe D.C. Black Forest, Baierbsronn, Germany**

## Medical Pain Management Specialist Finds P.N.T. and the Sclerotome Techniques Dramatically Effective For His Patients!



"MY patients are OFTEN shocked and say "it's gone!" after treatment with P.N.T. I had an 84 year old patient, a jeweler, scheduled for shoulder replacement. He couldn't lift his arm. After treatment with the P.N.T. Broad Spectrum Spinal Reflexes™ he regained normal movement and canceled his surgery. I had a patient with chest pain for years from a scoliosis; that resolved with the Broad Spectrum Reflexes.

"I've had many patients with severe sciatica that I've turned off using the S1 or L1 Sclerotome techniques. I had an 80 year old woman on blood thinners, on whom I couldn't do an injection for the pain- but I turned off the sciatica on the spot with the Sclerotome Techniques.

"I've used the Mandibular Reflex on 7 patients with macular degeneration, as well as several with tinnitus, and seen substantial improvement in all of them. (I also have them treat the reflex daily for 20 seconds.) The dark spot in the center of their vision clears up. I've had patients with Bells Palsy for 2-15 years that have cleared up.

I've used the left Stellate Ganglion Reflex (NOT the right) for pain in the abdomen from larger abdominal masses., e.g. ovarian tumors, kidney and pelvic tumors, swollen legs. A recent article in Pain Medicine discussed using the Stellate Ganglion Block for P.T.S.D., and that may be treatable with the Stellate Ganglion Reflex."

**David Walsh M.D., Pain Management Specialist, diplomat, American Board of Pain Medicine; diplomat, American Board of Anesthesiology, Mobile, AL**



"My chronic left upper trapezius pain was gone in a matter of seconds. I have had this pain for 25 years after a rugby injury in college and have been treated with chiropractic, massage, acupuncture, etc and none of those brought the degree of relief that Dr. Kaufman gave in a matter of seconds."

**Sean Felton, DC Kansas City, MO**



"Every day I see several patients with knee injuries. Whether with or without surgery- I don't remember any that have not responded significantly in both reduction of pain and increased of range of motion from the P.N.T. techniques.

"Asthma and emphysema have responded remarkably with all of these techniques- The Sclerotome Techniques in one case of severe emphysema/asthma reduced her oxygen usage from 2 1/2 litres per day to 1 liter after the first treatment, and she steadily improved. I've seen perhaps 4 other cases since then with significant stable results.

"Countless cases of digestive disorders improved after a few treatments. I see several patients with abdominal pain daily; this is something that is consistently, remarkably improved. Fatigue and

energy deficits are improved with the abdominal procedures. Of course, low back pain and chronic sciatica dramatically improved. There have been quite a few cases of poor eyesight improvement demonstrated by the need to change prescriptions for the better. Mood changes, menopausal symptoms, menstrual problems of different types have been significantly eliminated. Every day I see extremity injuries dramatically improved, and colds healed very quickly thru the procedures.

"And yes, quite a lot of root canals eliminated thru the RUBLITE method. I use that frequently with very fast and permanent results. I've had many cases of TMJ pain and associated pain syndromes eliminated. I use the Maxillary Reflex fairly frequently and have seen substantial pain reduction thru this. Post surgical pain in a variety of surgeries has been turned off through your techniques.

"Many, many cases of plantar fasciitis (heel or toe or wherever) have been corrected in 1-4 treatments. Chronic and severe sinus problems respond quite dramatically, and here in NZ we have a lot of very chronic bronchitis (caused by "other questionable procedures") which is frequently just turned off by the diaphragm reflex and related procedures. I've seen quite a few cases of normalized blood pressure, eliminating the need for medication. Really, many different conditions respond.

After our conversation on sympathetic dysregulation, I immediately used one of the sympathetic techniques for many cases of abdominal pain and problems. It's been very effective.

"I can't thank you enough for all your help with all these people - and for giving me the additional essential means to care for myself and my family as well."

**Mark Sinclair D.C. Auckland, New Zealand**



"The Kaufman Vertigo protocol has been a godsend. I took a gentleman with 30+ years of vertigo to the point of being asymptomatic in 1 treatment. This gentleman would rise with vertigo every morning and would have to hold his head in his hands for 15 minutes before he could stand erect. Suffice to say he insists I perform the treatment on him monthly." **Brent J. Mills, MSc., D.C.**

**Kingston, Ontario, Canada**



"I had pain in my right acromio-clavicular joint for two months. Dr. Kaufman used the Pain Grid technique on two spots. The trigger points cleared immediately and the shoulder was the best it had been in two months within a few minutes, even though I had been treated by a chiropractor and three other body workers back home." **Stuart Marmorstein, DC Houston, TX**



"I went to the Denver Boot Camp in October 2012. I was a little skeptical about all the testimonies, but decided that if Dr. Kaufman's technique did half of what he claimed, it would be worth the money. After this weekend, I can honestly say this is the best money I have ever spent on a seminar. I was treated for acid reflux at the seminar by Dr. Kaufman, and the next morning was the first morning in 2 years that I did not wake up with reflux. Wow! I would highly recommend this seminar to anyone who cares about helping their patients get well. Follow up 10 days later: I still don't have reflux." **Robert Jeffries, D.C. Cambridge, OH**



"I've been in practice 32 years and studied many techniques for the purpose of being able to help more people. Dr. Stephen Kaufman's material and information and method of teaching are by far the most useful and amazing I have ever had the privilege to learn. At the seminar I saw chronic pain disappear in 5 minutes, limited range of motion return to normal in 30 seconds, abdominal pain disappear in one minute, and many more amazing changes. You leave the seminar fully able to apply what you've learned immediately, and certain you can help more people." **Jere Jarrett, D.C. Clearwater, FL**



"I had an emergency new patient with cervical-spine stenosis according to MRI; she had numbness in the arms and hand plus tingling. I told her I would give her a PNT treatment but no full regular exam because I was leaving for Switzerland. Neutralizing about ten tender points relieved the symptoms. She was surprised. But not as much as me.

"I'm seeing an 86 year old male with sciatica. He had been getting regular injections of lidocaine into trigger points for the pain. The relief would last two days. Our first visit removed pain for that amount of time with no injection. The second lasted even longer. He is happy to come in once or twice a week if necessary instead of being injected.

"After learning the techniques in class, a first time doc was able to increase my ROM in hamstrings and abductors by about 30%. Previously there was pain upon motion. After treatment, there was none. My energy increased and I experienced more clarity for learning.

"Patients are referring more friends and family each week. I fixed a wicked pain point in my QL which had caused intermittent agony for fifteen years. The techniques actually work and can stand up to George's question "How long does that last?" **Aleae T. Pennette, D.C. Santa Rosa, CA**



"Since a bicycle accident and subsequent treatment in 1985, I have had chronic upper trap/neck pain. Acupuncture helps, but I always know it is there. In addition to pain, my rotation to the right has been limited. After my treatment with Dr. Kaufman this morning, I no longer notice the pain in my trap! First time in 27 years. Amazing!" **Donna Broomfall Cain, L. Ac. Ridgefield, CT**



"I have had upper trap pain for over 15 years. Dr. Kaufman located a trigger point and did the Mandibular Reflex™ and pain went away instantly." **Kelli Moore Hot Springs Village, AK**



"A lady came in with severe headaches and tingling in the temporal region. She also had low back pain. Her complaints were so severe she had to close her clothing store. The Sclerotome Techniques™ and P.N.T. resolved the headaches, the tingling in her head and her low back pain. She is now in the process of opening up another clothing store."



"I saw a 13 yo kid that was hit hard in the back with a football. He was taken to the ER and put on an inhaler- he developed a lot of trouble breathing, and was diagnosed with Exercise Induced Asthma. I treated him 3-4 times with the Respiratory Sclerotome Technique™ and his problem completely resolved! He's back running and playing normally.

"I had another female patient with severe headaches and hip pain after a fall almost a year ago. She has been walking with a cane since the fall. She came in a day after the first treatment and was walking without a cane. I have seen her a few times since and she states that the hip pain is almost totally gone, except for going up or down stairs which still bothers her a little but is continuing to improve. Her headaches have not returned since the second visit." **Terry Williams, D.C. Ft. Lupton, CO**



"I saw a female with mid back pain; she saw a chiropractor for 6 months with what he thought was a "rib out". She had no consistent relief. After 6 sessions of various PNT techniques- the PAIN IS GONE AND STAYED GONE!!!

I had a Work comp shoulder patient who works 13 hrs per day with shoulder pain and restriction; 2 sessions of your shoulder techniques and her ROM is normal, and pain is very little.

"I had patient referred from a podiatrist with ankle pain and with plantar flexion due to "arthritis in the ankle- bone on bone". After 2 sessions of using the grid techniques, thye pain is goneandstayed gone!

"I had a female patient with severe Achilles tendonitis. Her MD told her she had reduced blood flow. She uses a cane and heavy duty ankle brace, with an antalgic gait pattern. I treated her 6-7 times with PNT techniques- her pain is gone, she now uses no cane, no ankle brace, and has a normalized gait!!!

"I had a work comp patient with foot pain from a fractured metatarsal; she walked with a limp. After 2 treatments of P.N.T., her pain is gone, he gait is normal, and she's returned back to regular duty!!!!

"I have more, but these are the ones that come to mind immediately. Your techniques are amazing. I often go back and review your DVDs and find new gems all of the time. I find it true and explain to patients what you say, "the severity of the pain does not always (mostly not) correlate with the severity of the pathology." **Derick Russell, P.T. Chicago, Ill.**

"2 years ago I wrote you a testimonial about a woman with five years of DAILY diarrhea; she's still cured over two years after the first P.N.T. treatments on her abdomen. I never had to touch her abdomen again. I had such success with that procedure. The only time it didn't work was when the patient ended up being diagnosed with H. Pylori.

The effect of PNT on abdominal techniques is almost miraculous. My success rate is around 90%. After using it now for over three years on about 100 "abdominal patients" I felt confident to start advertising to find even more people who need my help.

"One 16 year old had indigestion after she ate ANYTHING. After about 6-10 sessions she could eat EVERYTHING with no indigestion. Assuming she lives to be 86 that is 70 years of suffering, and needless consumption of side-effect causing medication, that PNT alleviated.

"One 82 year old female patient had knee pain and a burning sensation into her feet. Her secondary complaint was indigestion and constipation (for as long as she can remember). All these symptoms are dramatically improved (90%). The knee pain was recreated by pressing on trigger points on the medial knees in an area where you normally don't expect to find muscle trigger points (but as you said at the seminar a better definition of a trigger point is where it is tender, regardless of whether or not there is a muscle belly in that location - that was one of the pearls of the seminar).

"What's really cool about this patient is that she has already had both her knees replaced! So from a medical perspective, everything that could be done, had already been done. But, her continuing pain was from the surrounding soft tissue, obviously not from the knee joints.

"I had a patient in last week- she's very overweight, with osteoarthritis of the right knee confirmed by x-ray. Her M.D. told her to take Celebrex and wait for a knee replacement. She could not stand for longer than a couple of minutes due to knee pain. This has been the case for years. After one session of P.N.T. (meridian bending) she was remarkably improved, and amazed. A couple more sessions likely will cure her too." **John Clark, D.C. Uxbridge, Ontario**



"I have been playing with the info from your Sclerotome DVDs with some excellent results so far. I had a new patient come in today with severe hip pain who interestingly could not flex her knee, even 5 degrees. I figured this was a real test for the paradoxical muscle reflex. I applied it to the quads and nothing happened. Then I applied it to the psoas and instantaneously she was able to bring her heel to her buttocks. We were both speechless!!! That was the highlight of my day and I am sure hers as well. Thanks, Stephen!!!

"She had 6 months of no flexion at all in the knee, all the time. She was getting locked up intermittently for the last 5 years, getting more and more frequent. Her hip is still an issue but greatly improved with PNT! Went from 8-10 on visual analog scale for hip pain on walking to averaging (1-3) on ambulation." **Daniel J Bank, DC Queensland, Australia**



"I didn't sleep very much the first week in Jan. 2012 as I was immersed in the P.N.T. DVDs; they were so exciting. Since then I use PNT in my work and the results are getting better every day." **Sigridur Sveinsdottir, L.M.T., Iceland**



"I had chronic right hip pain for at least 6 years, diagnosed with DJD/osteoarthritis, recommended hip replacement 1½ years ago – not done yet. I was able to sleep that night without waking up with hip pain. I still have joint pain with waking but feel great from sleeping so well." **Gayle D. Claus Fritz Creek, AK**



"During this season of celebrating the miraculous, we'd certainly have to include the ones made possible through using the work in your Pain Control Patterns/ Visceral Impact Course.

"I worked on someone this morning who'd experienced a "minor" heart attack over the weekend. She felt a profound shift in her sense of well being after eliminating tenderness through some of the simplest techniques in the Pain Control Pattern course. Along with the mandibular reflex to help a chronic lateral atlas, she was a new woman!

Having gotten used to major changes in shoulder ranges of motion using the paradoxical muscle techniques, it has been amazing to witness instantaneous doubling in shoulder flexion and abduction from even easier methods using single magical pain control points--without using needles.

I appreciate the ability to positively and obviously influence peoples' breathing, digestive and other organ functioning. I have seen diabetics get back normal sensation in their feet in just a few visits. The brachial plexus sclerotome has helped many people with profound arm and hand numbness return to normal--often in one visit. Of course rapid musculoskeletal pain neutralization has become even more rapid and consistent with some of the more advanced techniques I've been learning. It is amazing to think that I only started using Pain Neutralization Technique a year and a half ago.

I had a patient with intense, itching feet that would not allow her to sleep. This may have come from eating shellfish. Some sclerotome work and Pain Control Pattern work along with cranial work eliminated the symptoms within just a couple minutes.

I'm also getting stellar results with knee, shoulder, neck, brachial plexus and other pains consistently.

I have a very happy 94-year old patient. Her daughter originally brought her in to see me because knee pain on both sides was causing pain and mobility issues. Sometimes quality of life can be measured in terms of "How far can I walk?", and "Can I get in and out of a bathtub by myself?" After one visit using PNT, all her knee pain is gone. So, the patient then wanted to know whether I could help her hear better. We decided to go for it on the next visit. We increased her cervical rotation from 45 degrees to 90 on both sides, and got trigger points out of her cervical facets area, scalenes, SCMs and upper traps. The patient said that she could definitely hear more clearly.

**She added that she can walk better and move her knee well enough to put on socks and pants. I worked further on her neck today and her hearing continued to get clearer. The patient was even missing one hearing aid battery, and did OK. We worked on some post-shingles pain near the tailbone, and eliminated it using PCP and the Pain Grid." Stuart Marmorstein, D.C., Houston, TX**



**Shouldn't YOU be at the very next  
Pain Elimination Boot Camp?  
Don't you and your patients  
deserve the very, very best?  
DVDs of most techniques now available  
[www.painneutralization.com](http://www.painneutralization.com)**



**\*Disclaimer:** Calculating generally expected performance results is difficult or impossible, because there is no “typical” user of our products. We’ve made a good faith effort to share the actual experiences of our doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T.,N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment. Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. Some patients do not respond at all. We’re always eager to for our students to give us feedback on the results they’re getting. P.N.T. and the other techniques are not effective for every patient. Several treatments are usually needed for lasting results. These reports were all written by the doctors themselves; they have not been verified by us, and may not reflect Dr. Kaufman's opinion. These are our best testimonials and may not be typical. Your results will vary. These doctors were treated with P.N.T. or other Kaufman Techniques™. We can not guarantee any particular result or outcome from this seminar, health wise, financial, or otherwise; however, we do guarantee your complete and total satisfaction with the material or your money back. Stephen Kaufman D.C. and Kaufman Technique LLC are not responsible for any loss or damage resulting from the use of these procedures or any information on DVD, in class, or in written form. Stephen Kaufman is not responsible for loss or damage in the event the seminar needs to be cancelled. We reserve the right to refuse admission or sales to anyone. All patients with hypertension need to be monitored by a doctor. Note: a few of the later reports and photos are from doctors at earlier seminars, and doctors who have watched the Home Study DVDs.\* all material herein c.2012 Stephen Kaufman